

July 2020

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



AROUND THE CLUB

Congratulations 2020 Dunes West Graduates

- Amira Alahmad ■ Lauren Anhaeuser
■ Coleman Armstrong
■ Ethan Artidiello ■ Brielle Asero
- Miranda Badolato ■ Monica Becerra
■ Stephen Becker ■ Andrew Bobby
■ Emilio Boccabella ■ Tyler Bohart
- Carver Brauchle ■ Alaina Buchicchio
■ Ava Capogrosso ■ Andrew Capps
■ James Cirifalco ■ Kelsey Colbrunn
■ Avery Collier ■ Reese Collier
- Thomas Crowley ■ Chloe Damron
■ Esteban Diaz ■ Haley Diesl
■ Lucas Dillard ■ Nike Egan
■ Ellen Emge ■ Braeden Essig
■ Colin Essig ■ Jared Essig
- Nicolas Fiorillo ■ Lauren Forni
- Angeline Gaglione ■ Bailey Gallagher
■ Addison Gamliel ■ Gabriela Garza
■ Lana Gonzales ■ Ben Goss
■ Casey Gretkowski
- Makenzie Hammers ■ Rebecca Harris
■ Aiden Healy ■ Katherine Herrick
■ CJ Hills ■ Paisley Hoge
- Anderson Infante ■ Joshua Isaacks
■ Kaitlyn Jackowski ■ Kyle Jarocki
- Graham Johnson ■ Hannah Johnson
■ Lauren Karinshak ■ Aiden Healy
■ Sabrina Lawrence ■ Luke Lawson
■ Kensley Ledbetter ■ Emily Lewis
■ Julia Lewis ■ Erin Littlejohn
- Adrianna Loor ■ Justin Lungarini



- Madelaine Manke ■ Autumn Martin
■ James McDonald ■ Ryan McGovern
- Brandon Mcilwain ■ Kelsie McSheehy
■ Jayden Medina ■ Jake Moran
■ Mason Morris ■ Austin Mosher
- Madison Mummert ■ Nevin Murphy
■ David Novo ■ Hannah O'Brien
■ Rory O'Toole ■ Coleman Owens
■ Abigail Patterson
- Akshay Patwardhan ■ Lauren Petereit
■ Christopher Phillips ■ Will Pickens
■ Riley Pickhardt ■ Alexis Polcyn
- Lauren Poupore ■ TJ Provenzano
■ Gabi Reed ■ James Regan
■ Rachel Regan ■ Katie Remley
■ Dylan Rogoni ■ Evita Royer
■ Zachary Russ ■ Isaac Russell
- Emma Schaufler ■ Toby Sizemore
■ Jason Skelley ■ Kyle Smith
■ Julia Spencer ■ Isabella Spuler
■ Sloane Stoklosa ■ Jake Thayer
- Kaitlyn Thompson ■ Ian Underkoffler
■ Bennett VanScoy ■ Gabrielle Villacres
■ Nathan Wilson

Thursday Dinner

Thursdays ■ Dinner, 5-8 p.m.
The Grille Room

THURSDAY SPECIALS

See the special board for our:

Save the Date!

Dinner

Thursdays, 5-8 p.m.

Breakfast

Wednesday-Saturday, 8-11 a.m.

Fridays

Food Truck

Soup of the Day
\$20 Wine Bottle Specials

SIDE SALADS

Add to any entrée for \$5.

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

KIDS

Choose one side:

Grilled Cheese, \$6

Burger, \$6

Chicken Tenders, \$6

Cheese Quesadilla, \$6

APPETIZER

- **Smoked Fish Dip** with accompaniments including capers, red onion, fresh lemon, diced

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Keep a 6' foot distance!

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hard-boiled eggs & gourmet crackers, \$9

ENTRÉES

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

■ Jamaican Pork

Slow-cooked pulled pork with Jamaican seasoning, drizzled with cider gravy on a bed of peas & rice, \$17

■ Lemon Chicken

Tender chicken thighs, roasted with garlic & fresh herbs, served on a bed of orzo pasta with asparagus & lemon butter, \$16

■ **Coconut Shrimp Platter** with a sweet & spicy mango dipping sauce, served with hand-cut fries & coleslaw, \$19

■ Steak Frites

Chef's weekly steak selection, topped with garlic parsley butter, served with hand-cut fries & fresh steamed asparagus, market price

SALADS & SANDWICHES

■ Burger*

- Have it with or without bacon
- Choose: American, cheddar, Swiss or smoked Gouda.
- Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

■ Chicken Sandwich

- Have it grilled or fried, with or without bacon
- Choose: American, cheddar, Swiss or smoked Gouda

• Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

■ Goat Cheese Salad

Mixed greens, crumbled goat cheese, red onion, cucumbers, diced tomatoes & croutons, drizzled with creamy lemon dill dressing, \$9

Add for \$5

- Chicken Breast-grilled, fried or blackened
- Shrimp-grilled, fried or blackened
 - Salmon-plain, blackened or bourbon glazed
 - Fried green tomatoes

**May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.*

Friday Night Food Trucks at the Athletic Club

Fridays ■ 5-8 p.m.

By popular demand we are going to have a food truck every Friday night at the Athletic Club this July.

The trucks are subject to cancellation if there is inclement weather.

July 3

Dashi – Asian & Latin Fusion Dishes

July 10

Wally Gyros – Gyros & Mediterranean Food

A Note from Linda in Accounting

- 1 If you plan on moving and canceling your membership, please call Linda at 843856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.
- 2 Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.



July 17

Stuffed Charleston – Stuffed Burgers, Fries & More

July 24

Madrigal's – Latin Cuisine with Tacos

July 31

Stuffed Charleston – Stuffed Burgers, Fries & More

Summer Fitness Session

May July 7-October 2

Classes are back on at the Athletic Club. Get involved with our fitness classes and meet new people while getting in shape. We would love for you to join.

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Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000

Schedule

Monday:

Pilates, 9 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Tuesday:

Restorative Yoga, 6:30 p.m.

Wednesday:

Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Friday:

Yoga for You, 9 a.m.

Saturday:

Mat Barre, 8:30 a.m.
*No class July 4.

Fee for Summer Fitness Session

Unlimited Classes:

\$145 per person



Wash your hands often!

You will receive 1½ months of unlimited classes, 6 days per week!
Only \$1.50 per class!

We are no longer offering the night/weekend class option.

Drop-In Fee: \$10 (for those who just want to come every now and then!)
Sign up today for our Summer Fitness Session! 843-881-8735 or
neal.cavallon@duneswestgolfclub.com.

**Please drop off payments either in the black box on the office door in the lobby or in the mail slot of the Athletic Club.*

2020 Pool Season

Swim Season 2020 – Important Information!

Athletic & Premier Members –

New This Year – To improve safety and security for all members and their families all parents and legal guardians will have to have their picture taken on our iPad system. This picture as well as your Fitness Access Cards will be needed to gain entry into the Main Pool behind the Clubhouse and the Thomas Lynch Hall Pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant your swipe card so that they can check you into the pool. Guest Passes are **electronic** again this year.

The Lifeguards and Pool Attendants are being hired and managed

by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371.

Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter Accounts for different features of the clubs?

Dunes West Golf Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

Dunes West Tennis: This is our newest page and is for **all** things Tennis! Jack, our Director of Tennis, will be posting updates and pictures of tournaments and socials. It's a great way to keep in touch with fellow players and to ask Jack specific questions regarding lessons, camps and clinics!

We hope you "Like" some or all of these pages! It's a great way for us to keep you in the loop in real time.

A link to both the Facebook and Twitter social networks can be found on our website:
www.duneswestgolfclub.com.

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Couples Results

Sunday, June 14

Mike Casey, Deborah Casey
Ed Hardee, Patrice Hardee – 67

Mark Fish, Janet Fish
Rob Tykal, Patty Tykal – 70

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GOLF NEW

2020 MGA Club Results

Congrats to our 2020 MGA Club Champion, **Mike Glennon, Jr.!**

He claims the parking spot!

Saturday

1st Place Gross:

Mike Glennon, Jr., 73

1st Place Net:

Mike Glennon, Jr., 70

2nd Place Net:

Jeff Taylor, 72

SKINS

1st Place Gross:

Tom Parker
Nick Vrabel
Roy Flanagan
Mike Evans
Jeff Taylor

Net:

Tom Parker
Dave Papagoda
Nick Vrabel
Roy Flanagan



Closest-to-the-Pin:

Jerad Shaffer
James Huffman
Walter Wilson
Mike Hamilton

Sunday

1st Place Gross:

David Connell, 76

1st Place Net:

Scott Blue, 69

2nd Place Net:

David Connell, 71

SKINS

Gross:

Josh Sharpe
Robbie Fertel
Jeff Taylor
Mike Glennon, Jr.
Jerad Shaffer
Howard Kilgo
Kevin Doyle

Net:

Howard Kilgo
Chris Biggers
Jeff Taylor
Brian Kelly

Jett Epps
Josh Sharpe

Closest-to-the-Pin:

Mike McGraw (2)
Chris Biggers
Scott Blue

FINAL RESULTS

1st Place:

Mike Glennon, Jr., 144 (won playoff)

2nd Place:

Dave Papagoda, 144

3rd Place:

James Huffman, 145

Gross:

Mike Glennon, Jr, 150

Don't forget to complete your Match Play matches-next round should be completed by July 12.

Holes-in-One

Anna Johnson

June 25 ■ Hole #6
104 Yards ■ 8-Iron

Witnesses: Hilda Rose,
Chris Zavada, Iris Whittaker

Michael Zavada

June 13 ■ Hole #12
115 Yards ■ 9-Iron

Chuck Lee

May 30 ■ Hole #6
142 Yards ■ PW



Anna Johnson



Chuck Lee

Congrats!

July



Sunday



Wednesday

Thursday

Friday

Saturday

1

SMGA, 8:18-9:12
LGA 9 & Lunch, 9:39-10:24
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

2

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.
Thursday Dinner 5-8:30 p.m. RSVPs Recommended 843-856-9378

3

SMGA, 8:18-9:12
LGA, 7:33-8:09
Yoga for You, 9 a.m.

4

MGA, 7:15-8
LGA, 8:09-8:45
GOB, 9:30-9:48

Independence Day!

5

MGA, 7:15-7:42

6

SMGA, 8:27-9:03
LGA, 7:33-8:09
Pilates, 9 a.m.

7

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

8

SMGA, 8:18-9:03
LGA 9 & Lunch, 9:39-10:24
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

9

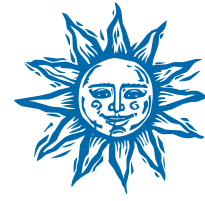
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10

SMGA 8:18-9:03
LGA, 7:33-8:09
Yoga for You, 9 a.m.

11

MGA, 7:15-8
GOB, 9:30-9:48
LGA, 9:12-9:21
Mat Barre, 8:30 a.m.



12

MGA, 7:15-7:42

13

SMGA, 8:18-9:03
LGA, 7:33-8:09
Pilates, 9 a.m.

14

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30 p.m.
Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

15

SMGA Ringer, 8:18-9:39
LGA 9 & Lunch, 9:48-10:33
Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

16

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
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18

MGA, 7:15-8
GOB, 9:30-9:48
LGA, 9:12-9:21
Mat Barre, 8:30 a.m.

19

MGA, 7:15-7:42



20

SMGA 8:18-9:03
LGA, 7:33-8:09
Pilates, 9 a.m.

21

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Restorative Yoga, 6:30 p.m.

22

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23

LGA, 7:42-8:27
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24

SMGA 8:18-9:03
LGA, 7:33-8:09
Pilates, 9 a.m.

25

MGA, 7:15-8:45
GOB, 9:48-10:06
LGA, 9:30-9:39
Mat Barre, 8:30 a.m.

It's the season for golf!

26

MGA, 7:15-7:42

Parents Day!

27

SMGA, 8:18-9:03
LGA, 7:33-8:09
Pilates, 9 a.m.

28

LGA, 7:42-8:27
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29

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30

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