



August 2015

Dunes West

GOLF & RIVER CLUB



843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com

UPCOMING EVENTS

Movie Night

Friday, August 7

Pop on over for a night at the movies! Join us to watch "Home."

Child & Adults ■ Free

Popcorn and drinks provided.

Please RSVP to Pamela Chakides,
pamela.chakides@duneswestgolfclub.com.



BBQ Pig Roast

Saturday, August 15 ■ 7 p.m.

Call 843-856-9378 for reservations.

\$19.99++ per person

*including tax & gratuity

MENU:

- Corn Bread with honey butter
- Whole Pig: Slow-roasted over eight hours, pulled & served with two sauces & soft rolls
- Oven Roasted Chicken with special dry-rub seasoning
- Homemade Mac & Cheese with our four cheese blend
- Baked Beans
- Cole Slaw
- Homemade Blueberry Cobbler with fresh cream

"What happens
at the Pig Roast,
Stays at the Pig Roast"

Save the Date!

Thursday Dinner

5-9 p.m. | RSVP 843-856-9378

August 7

Movie Night
First Friday

August 11

Book Club

August 15

BBQ Pig Roast
End of Summer Pool Party

August 16

Couples Golf

August 27

Ice Cream Social

August 29

Old Fashioned Fish Fry

End of Summer Pool Party

Saturday, August 15

■ 11:20-1:30 p.m.

Join us for our end of summer bash. Prizes will be awarded for game winners! Come early for the best seats, don't forget your swipe cards.

Athletic Club Lobby Hours

Monday, Friday: 9:30 a.m.-5 p.m.

Tuesday: 9:30 a.m.-1 p.m.

Book Club

Saturday, August 11 ■ 7:30 p.m.

Members are welcome to join at The Club at Dunes West. This club meets the second Tuesday of every month in The Club's Meeting Room. If you have any questions or would like to find out what this month's reading is, please contact Vicky Zimpfer at zimpfer@bellsouth.net.

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Couples Golf

Sunday, August 16 ■ After Golf
\$38 per couple*

SUMMER COOK OUT MENU:

- **Cucumber & Tomato Salad:**
Fresh tomatoes, cucumbers & red onion tossed with EVOO & red wine vinegar
- **Burgers, Hot Dogs & Sweet Italian Sausage** served with rolls, a lettuce, tomato, onion & cheese tray
- **Corn on the Cobb** brushed with garlic parsley butter
- **Potato Salad**
- **Baked Beans**
- **Apple Pie** with fresh whipped cream

Old Fashioned Fish Fry

Saturday, August 29 ■ 6-9 p.m.

Call for reservations 843-856-9378.

MENU:

All entrées served with hush puppies & honey butter. Add a Caesar or house salad to any entrée for \$3.

- **Fried Shrimp, \$15**
Hand-cut fries, cole slaw, tartar sauce & cocktail sauce
- **Fried Flounder, \$15**
Hand-cut fries, cole slaw, tartar sauce & cocktail sauce



- **Crab Cakes, \$15**
Hand-cut fries, cole slaw, tartar sauce & cocktail sauce

- **Combo Platter, \$19**
Fried shrimp, fried flounder & a crab cake, hand-cut fries, cole slaw, tartar sauce & cocktail sauce

- **Low Country Boil, \$19**
Shrimp, smoked sausage, corn on the cob & potatoes in a homemade seafood broth

- **Shrimp & Grits, \$19**
Traditional tasso ham & shrimp gravy over creamy grits

- **Chicken Finger Basket, \$8**
Hand-cut fries & honey mustard

- **She Crab Soup, \$5**
A lowcountry favorite, with a touch of sherry

- **Key Lime Pie, \$6**
With fresh whipped cream

AROUND THE CLUB

Welcome New Members

Welcome new Members to the club who joined in May and June

The Kowbeidu Family
The Rehmann Family
The Cox Family
The Toner Family
The Banks Family
The Rollins Family
The Braun Family
The Ian Family
The Hortig Family

Ice Cream Social

Monday, August 27 ■ 6-8 p.m.

I scream, you scream, we all scream for ice cream. Please join us for an ice cream social. Parents encouraged to stay.

Kids, \$5

Please RSVP to Pamela Chakides,
pamela.chakides@
duneswestgolfclub.com.

The Smith Family
The Bolte Family
The Sherer Family
The Wells Family
Alisha Brill
The Sasso Family
The Murray Family
The Longnecker Family
The Knorr Family
The Willis Family
The Weis Family
The Mackenzie Family
The Stephenson Family
The Todd Family
The Pezzorello Family
The Tatum Family
The Stewart Family
The Mercer Family
The Cuneo Family
The Angell Family
The Byrne Family
The Kaminski Family
The Fisher Family
The Semo Family
The Hauer Family
The Lewellyn Family
The Varela Family
The Wheaton Family
The Jordan Family
The Kovacs Family
The French Family
The Breen Family
The Buttrick Family
The Wallace Family

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Aqua Fitness

Going on now!

2nd Session:

July 13- September 3

We want you to join in on the fun!
Check out the exciting classes that
we are offering:

Aqua Fitness – Adults

Monday & Wednesday:

Hartford Village Pool, 4-5 p.m.

Tuesday & Thursday:

Thomas Lynch Pool, 4-5 p.m.

This high energy water fitness work
out combine's cardio, toning and
stretching for an excellent work out.
Excellent for cross-training, the
water allows you to workout more

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Schedule

Monday:

Yoga, 8 a.m.

Pilates, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Wednesday:

Pilates, 9 a.m.

Thursday:

Cardio Sculpt, 8:30 a.m.

PIYO, 6:30 p.m.

Friday:

Yoga, 8 a.m.

Saturday:

Saturday Surprise, 8:30 a.m.

Fee for Summer Fitness Session

Unlimited Classes, \$145 per person

You will receive 3 months of
unlimited classes, 6 days per week!

Only \$1.50 per class!

We are no longer offering the
night/weekend class option.

Drop-In Fee: \$10

(for those who just want to come
every now and then!)

Sign up today for our Summer
Fitness Session! Limited availability –
call or email today! 843-881-8735 or
neal.cavallon@duneswestgolfclub.com.

*Please drop off payments either
in the black box on the office door
in the lobby or in the mail slot of
the Athletic Club. Your fitness card
will be mailed to you within one
week of payment.

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The Fagan Family
The Felesco Family
The Moon Family
The Clayton Family
The Kobierowski Family
The Peace Family
The Sumner Family
The Birsner Family
The Tinkler Family
The Moore Family
The Comire Family
The Thomaes Family
The Farrell Family
The Maglio Family
The Kosco Family
The Gunselman Family
The Falzarano Family
The Sheppard Family
The Wilson Family
The Eblen Family
The Davis Family
The Ebeling Family
The Bogdewic Family
The Posnanski Family
The Mussehl Family
The Darby Family
The Wilson Family
The Conlin Family
The Nilson Family
The Khosrovyan Family

Summer Fitness Session

Going on now! Make 2015 your
best year yet. Get involved with our
fitness classes and meet new people
while getting in shape. We would
love for you to join:

Did You Know?!?

We offer EZ Pay Billing for both your
Athletic & Golf dues! You simply need
to provide us with a debit or credit card
to draft from, and afterwards you can
sit back, relax and never worry about
another bill again!

Simply call Linda Jamison, Office
Manager, and provide her with your debit
or credit card number and updated email
address. We will pull the funds for your
monthly dues between the 1st and 5th
of each month and send you an email
showing how much was deducted.

How easy is that?! Give us a call today
to set up your EZ Pay account!
843-856-9000.

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effectively with less impact to the joints.

Session Fees:

July 13-September 3:
\$80 per person

Aqua Assessment & Personal Training

By appointment only –
843-971- 8521 or 843-814-4575
Personal Aqua Fitness Trainer, Lydia Linton Pontius is offering her services to The Club at Dunes West Members. She recommends doing a series of five sessions. The first session will be a full assessment done in the water, this combined with your goals will be used to design your own personal workout. This is great for anyone who is getting over an injury or wanting to cross train. Water Fitness Cross-Training is highly recommended for marathon runners, people training for triathlons, golfers, tennis players and anyone who loves the water and wants to get in better shape or target special needs.

Cost: \$50 per hour

More information is on Lydia's website at waterfitnessandswim.com.

2015 Car Decals for Residents Outside the Gate or Non-Residents

Residents who live outside the gates of Dunes West and Non-Residents



are required to have a club car decal on their vehicle when entering into the gates of Dunes West. This decal allows you to come to either club property only.

If you cannot make our office hours to pick up your decal, please email us at linda.jamison@duneswestgolfclub.com and state your name, address and number of vehicles in your household. We will be happy to mail them to you.

Decal Pick-Up Hours:

Monday-Friday, 8:30 a.m.-3:30 p.m.
Golf Club Office Upstairs

You can also pick up the decals in the Dunes West Pro Shop during the weekends.

Swim Season 2015 – Important Information!

Athletic & Premier Members –

Our pools opened on Monday, March 30. Our season ends this year on September 30.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371 or Neal Cavallon at



Swim Safety Reminder!

Parents –

Please remember that all of our pools are “Swim-at-Your-Own-Risk” and are not supervised by lifeguards. The only area that is supervised by Lifeguards is the Waterslide and Slide Pool area.

Please be diligent in watching your little ones, especially those who cannot swim. If your child cannot swim well, please provide them with the proper flotation devices while in the pool areas.

Thank you in advance for helping keep everyone safe while enjoying the pools!

843-881-8735 or neal.cavallon@duneswestgolfclub.com.

We are looking forward to a fun and safe pool season this year. Please note the slide rules and gate access information below:

Pool Gate Access: You will use your Fitness Access Cards to gain entry into the Main Pool behind the Clubhouse, Hartford Village Adult Only Pool and the Thomas Lynch Hall Pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant your swipe card so that they can check you into the pool. Guest Passes are electronic this year. You will not be provided any paper passes. Please discard any old paper passes as they cannot be used this year going forward.

As a reminder – only Members are allowed into the pool area – Guests **must** be with a Member at all times!

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Guest Pass Procedure

Please see guest pass section in the newsletter!

Pool Hours are from 10 a.m.-8 p.m. The Main Pool is open for lap swim from 6-10 a.m.

Swim Diapers: Please make sure that your child is wearing the proper swim attire if they are not potty trained. Swim Diapers are required.

Slide Rules/Hours: The slide at the main pool will be open on weekends only until school is out of session. After school is out for the summer, we hope to have the slide open daily.

- You must be at least 42" inches tall to ride the Slide; no exceptions.
- No child is allowed to use "floaties" or any other water toys or flotation devices on the Slide.
- No one is allowed to catch children at the bottom of the Slide.

We look forward to seeing all of you enjoying the pools in the coming months!

Guest Pass Procedure

Guest passes work one of two ways:

- 1 You can bring your guests to the pool gate and upon arrival, the pool attendant will deduct one guest pass per guest from your account.
- 2 If you know in advance that you will have family/friends visiting for long periods of time, you can call us

Monday-Friday at 843-881-8735 and leave a message with a) your first and last name, b) your guests first and last names (ALL of the guests), c) the period of time that they will be visiting (example 3/21 - 3/25).

We can use one guest pass per five family/friends for a one week period of time if you call ahead. Pool Attendants are not authorized to give you guest passes this way; only office staff can authorize long-term passes.

Guest Passes received after 12 p.m. on any given day will not go into effect until the following day. Guest Passes received after 12 p.m. on Fridays will not go into effect until Monday morning.

Family Members receive 20 guest passes per year. Single Members receive 10 guest passes per year. Guest passes will not be transferable into the next year.

If you need additional passes, you can buy these at \$5 per day or \$15 per week (7 passes). We can bill these passes directly to your monthly statement.

If you bring a guest to the pool and you have run out of passes, the pool attendant will make a note on your account and you will be charged accordingly per pass if you have not purchased additional guest passes.



A Note from Linda in Accounting:

- 1 If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.
- 2 The pools are open! If your balance is not current, your swipe cards will de-activate. Call Linda to pay today.
- 3 Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.

Follow Us on Facebook & Twitter

Did you know that we have Facebook/Twitter Accounts for different features of the clubs?

Dunes West Golf Club:

You'll find out all you need to know

about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.



Dunes West Tennis: This is our newest page and is for all things tennis! Jack, our Director of Tennis, will be posting updates and pictures of tournaments and socials. It's a great way to keep in touch with

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Junior Golf Camp

Left to Right: Holden Hughes, Liam Beasley, Jack Telfeau, Cole Miller, Chase Miller, Hampton Hughes, Chip Waldrup, Layton O'Keefe, Chris Richardson



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fellow players and to ask Jack specific questions regarding lessons, camps and clinics!

We hope you "Like" some or all of these pages! It's a great way for us to keep you in the loop in real time.

A link to both the Facebook and Twitter social networks can be found on our website:
www.duneswestgolfclub.com.

Boat Storage

Thank you all for your help in getting the boat storage area cleaned up and organized.

Just a couple reminders:

- Please pick up all trash around your boat
- When done washing down your boat please roll up the hose
- Please close and lock the gate when you

leave for your and the other boat owners protection

■ Please put your **2015 Red Boat Storage Decal** on your trailer by the hitch where it is visible

■ Lastly but maybe the most important: **Park in your assigned space!** If you get there and there is another boat in your spot please call Neal at 843-881-8735 or 843-856-9000. All open spaces that do not have a **do not park** sign belong to another boat owner. If one person parks in the wrong space it sets off a chain reaction that creates many more boats being parked in the wrong space. We only have a few spots left and we appreciate your help in always parking in your assigned space.

*If you do not know what space number you have please call Neal at 843-881-8735 and he will confirm your space with you.

Thank you in advance for your cooperation and we hope you are enjoying a great summer of boating.

TENNIS NEWS

Fall After School Tennis Program

It's hard to believe that summer is almost over. The after school tennis program will begin the week of August 24. We are offering the following classes:

Monday Knee Knockers

10 & under, Orange ball class
All levels ■ 4:30-6:00
\$160, 8-class series

Tuesday Intermediate/Advanced

Juniors 10 & over ■ 4:30-6:30 p.m.
\$240, 8-class series

Wednesday Knee Knockers

10 & under, Orange ball class
All levels ■ 4:30-6 p.m.
\$160, 8-class series

Wednesday Ankle Biters

Ages 4-8, Red ball class
Beginner-intermediate
\$160, 8-class series

Thursday

Intermediate/Advanced

Juniors 10 & over ■ 4:30-6:30 p.m.
\$240, 8-class series

To sign up, please go to
cadw.clubautomation.com or
contact Jack Miller at 843-345-2995.

Dunes West to Host Charleston Pro Tennis League

We are very excited to announce that Dunes West will play host to the opening match of the 2015 Charleston Pro Tennis League season. Come see Jack and Cadill play for their teams and represent Dunes West. There will be live music throughout the evening to keep you entertained. Tour Tennis will have a tent set up with some great deals for the spectators. Hope to see you there.

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*Congratulation
Mr. Ristau
Hole-in-One!*

for all the support you have
given to our troops!

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The tennis staff would like to thank
all of the summer tennis campers
that braved the high temperatures.
We had a blast working with you this
summer. Hope to see you in the fall
junior tennis classes.

GOLF NEWS

Folds of Honor & Patriot Golf Day Dunes West Golf Marathon

Tuesday, August 4

Please support Rich in his quest
to play 253 holes of golf to raise
awareness for the families of our
fallen and wounded warriors by
donating today. The Folds of
Honor Foundation supplies college
scholarships to those families who
have sacrificed everything for our
country. Please help Dunes West
thank them for their service.

Make checks out to:

Folds of Honor Foundation
Mail to: Dunes West Golf &
River Club c/o Richard Rankin
3535 Wando Plantation Way
Mt. Pleasant, SC 29466.

The last few years combined we
have been able to raise over \$10,000
and I wanted to thank you in
advance for this year's support and

2015 Junior Programs

August 10-14 ■ 8:30-10 a.m.
8:30-10:30 a.m. Friday

Ages 6-16

Members, \$115
■ Non-Members, \$125

Includes:

- Refreshments, Instruction,
Contests
- Rules & Etiquette
- Friday Play Day
- Each participant will receive
golf hat, golf towel, divot tool

Sign up in the Pro Shop, 843-856-9000.
Limited to 24 Juniors.

2015 MGA Club Championship Results

Overall:

1st Place Net: Adrian Wewers, 131
2nd Place Net: Josh Sharpe, 138
3rd Place Net: Arnold Andrews, 140
1st Place Gross: Arnold Andrews, 154
2nd Place Gross: Beau Inabinet, 157
3rd Place Gross: Adrian Wewers, 161

Saturday:

1st Place Low Net: Jim Seney, 64
2nd Place Low Net:
Adrian Wewers, 65
3rd Place Low Net: Josh Sharpe, 67

1st Place Low Gross: Jim Seney, 74
2nd Place Gross: Arnold Andrews, 75
3rd Place Gross: Jeff Taylor, 78

Sunday:

1st Place Low Net: Adrian Wewers, 66
2nd Place Low Net: Kevin Doyle, 68
3rd Place Low Net: Stewart Davis, 70
1st Place Low Gross: Beau Inabinet, 78
2nd Place Gross: Stewart Davis, 78
3rd Place Gross: Kevin Doyle, 78

Proximities:

Saturday Closest-to-the-Pin:

Hole #6: Bob Spearman, 6'1"
Hole #8: Tom Parker, 17'9"
Hole #12: Deron Lewis, 2'11"
Hole #17: Joe Zinaich, 1'6"

Sunday Closest-to-the-Pin:

Hole #6: Jeff Taylor, 8'6"
Hole #8: Arnold Andrews, 10'-8"
Hole #12: Deron Lewis, 11'-8"
Hole #17: Josh Sharpe, 8'3"

Congratulations to all the winners!



Left to Right: Adrian Wewers, overall winner
and Josh Sharpe, 2nd place

August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
						MGA, 7:15-8 Saturday Surprise, 8:30 a.m.
2	3	4	5	6		8
MGA, 7:15-7:42	Course Closed Aerification Yoga, 8 a.m. Pilates, 9:15 a.m.	Course Closed Aerification Cardio Sculpt, 8:30 a.m.	SMGA, 8:27-9:30 LGA 9 & Lunch, 9:39-9:57 Pilates, 9 a.m.	LGA, 7:42-7:51 SLIP, 9:03-9:21 GOB, 9:30-9:57 Thursday Dinner 5-8:30 p.m. Rsvps 843-856-9378 Cardio Sculpt, 8:30 a.m. PIYO, 6:30 p.m.	SMGA, 8:27-9:30 LGA, 8-8:18 First Friday with Josh Hughett – Rsvps 843-856-9378 Movie Night, 7-9 p.m. Yoga, 8 a.m.	MGA, 7:15-8 Saturday Surprise, 8:30 a.m.
9	10	11	12	13	14	15
MGA, 7:15-7:42	SMGA, 8:27-9:30 LGA, 7:42-8 Yoga, 8 a.m. Pilates, 9:15 a.m.	LGA, 7:42-8:09 SLIP, 9:03-9:21 GOB, 9:30-9:57 Hackers Golf, 3:30 Cardio Sculpt, 8:30 a.m. Book Club, 7:30 p.m.	SMGA, 8:27-9:30 LGA 9 & Lunch, 9:39-9:57 Pilates, 9 a.m.	LGA, 7:42-7:51 SLIP, 9:03-9:21 GOB, 9:30-9:57 Thursday Dinner 5-8:30 p.m. Rsvps 843-856-9378 Cardio Sculpt, 8:30 a.m. PIYO, 6:30 p.m.	SMGA Joker Stableford, 8:27-9:48 LGA, 8-8:18 Yoga, 8 a.m.	MGA, 7:15-8 Pig Roast – Rsvps 843-856-9378 End of Summer Pool Party, 11:30-1:30 p.m. Saturday Surprise, 8:30 a.m.
16	17	18	19	20	21	22
MGA, 7:15-7:42 Couples Golf, 3:30 p.m.	SMGA, 8:27-9:30 LGA, 7:42-8 Yoga, 8 a.m. Pilates, 9:15 a.m.	LGA, 7:42-8:09 SLIP, 9:03-9:21 GOB, 9:30-9:57 Hackers Golf, 3:30 Cardio Sculpt, 8:30 a.m.	SMGA, 8:27-9:30 LGA 9 & Lunch, 9:39-9:57 Pilates, 9 a.m.	LGA, 7:42-7:51 SLIP, 9:03-9:21 GOB, 9:30-9:57 Thursday Dinner 5-8:30 p.m. Rsvps 843-856-9378 Cardio Sculpt, 8:30 a.m. PIYO, 6:30 p.m.	SMGA, 8:27-9:30 LGA, 8-8:18 Yoga, 8 a.m.	MGA, 7:15-8 Saturday Surprise, 8:30 a.m.
23	24	25	26	27	28	29
MGA DW/Rivertowne Challenge, 7:15-9:03	SMGA, 8:27-9:30 LGA, 7:42-8 Yoga, 8 a.m. Pilates, 9:15 a.m.	LGA Queen Bee, 7:42-8:36 SLIP, 9:03-9:21 GOB, 9:30-9:57 Hackers Golf, 3:30 Cardio Sculpt, 8:30 a.m.	SMGA, 8:27-9:30 LGA 9 & Lunch, 9:39-9:57 Pilates, 9 a.m.	LGA Queen Bee, 7:42-8:45 SLIP, 9:03-9:21 GOB, 9:30-9:57 Thursday Dinner 5-8:30 p.m. Rsvps 843-856-9378 Ice Cream Social, 6-8 p.m. Cardio Sculpt, 8:30 a.m. PIYO, 6:30 p.m.	SMGA, 8:27-9:30 LGA, 8-8:18 Yoga, 8 a.m.	Club Championship, 8 a.m. Old Fashioned Fish Fry – Rsvps 843-856-9378 Saturday Surprise, 8:30 a.m.
30	31					
Club Championship, 8 a.m.	SMGA, 8:27-9:30 LGA, 7:42-8 Yoga, 8 a.m. Pilates, 9:15 a.m.					

