

September 2020

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

Wine on the Wagner

Friday, September 18

Reservations required.
843-856-9378

Entire Wine List:
\$20 per bottle

Pre-Fixe Small Plate Menu:
\$30 per person

Pre-Fixe Menu

First Course: Cheese Plate

Manchego cheese, Spanish bleu cheese, spiced almonds, honey & focaccia with bleu cheese stuffed olive tapenade

Second Course: Charcuterie

Prosciutto, sausage, pulled pork, candied bacon, grain mustard & mini dill pickles

Third Course: Dessert Sampler

Flourless chocolate tort, berry cheesecake, white chocolate cream puff



Friday Food Trucks

September 4: Café Roux

September 11: Area 51

September 18: Samir's Gyros & More

September 25: Café Roux

5-8 p.m. May arrive earlier

AROUND THE CLUB

The Grille Room Thursday Dinner

Served, 5-8:30 p.m.

SPECIALS

See the special board for our:
\$20 Wine Bottle Specials

SIDE SALADS

Add to any entrée for \$5.

- **Caesar Salad** with homemade croutons & Parmesan cheese

Save the Date!

Breakfast

Breakfast Sandwiches Only
Monday – Friday, 8-11 a.m.

Full Breakfast

Saturday-Sunday, 8-11 a.m.

Sunday Brunch

Sunday, 8 a.m.-12 noon

Lunch

Daily, 11 a.m.-3 p.m.

Dinner

Thursdays, 5-8:30 p.m.

Fridays

Friday Night Food Trucks, 5-8 p.m.

September 18

Wine on the Wagner

- **Romaine Wedge** with crumbled Bleu cheese, diced tomatoes, bacon bits & Bleu cheese dressing

House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

KIDS

Choose one side.

- Grilled Cheese, \$6
 - Burger, \$6
- Chicken Tenders, \$6
- Cheese Quesadilla, \$6

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Thursday Dinner Menu

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

APPETIZER

▪ Sausage & Squid

Fried calamari & grilled sweet Italian sausage, tossed with fresh lemon juice, pepper rings & garlic-parsley butter, served with marinara & a roasted red pepper cream sauce, \$9

ENTRÉES

▪ Eggplant Napoleon

Breaded and lightly fried eggplant layered with Italian herbs, ground beef, ground sausage & cheese finished with homemade marinara, served with a side of penne, \$17

▪ Tuscan Filet

8 oz. Filet topped with a roasted garlic & rosemary demi-glace, with creamy Parmesan-herbed polenta & fresh green beans, \$24

▪ Zuppa di Pesce

Calamari, flounder, shrimp & mussels sautéed in an onion & tomato broth with cannellini beans, served with a wedge of char-grilled, garlic rubbed focaccia, \$21

▪ Chicken Parmesan

Topped with marinara sauce & fresh mozzarella, served on a bed of penne Alfredo, \$17

Keep it Clean!



**May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.*

Fitness Facilities Notes & Updates

No more than 6 people in the gym at a time per Covid-19 regulations.

Children ages 13-17 must be with an adult to use the gym. No one under 13 is permitted at any time.

Please continue to wipe down equipment with the provided disinfectant.

Summer Fitness Session Schedule

July 7-October 2

Unlimited Summer Session:
\$145, **Drop-in Class Fee:**
\$10/class

To join us for the Summer session, please email Hannah at hannah.iliff@duneswestgolfclub.com. We look forward to sweating with you.

A Note from Linda in Accounting

1 If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required. Without proper notice, your bill will continue to accrue until we have a written statement of intent to cancel your membership.

2 Please inform us of any personal information changes such as address, phone number, billing information, or email address in order to maintain accurate records for your convenience.

Thank you!

EZ-Pay Billing is available for both Athletic and Golf Membership dues. To make monthly payment more convenient, simply provide us with a debit or credit card to automatically bill between the 1st and 5th every month. In order to set up EZ-Pay Billing, please contact Linda Jamison, Office Manager, at 843-856-9000 to set up your EZ-Pay account!

The class schedule is as follows:

Monday:

Pilates, 9 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Wednesday:

Pilates, 9 a.m.
Restorative Yoga, 6:30 p.m.

Thursday:

Cardio Sculpt, 8:30 a.m.
Restorative Yoga, 6:30 p.m.

Friday:

Yoga for You, 9 a.m.

Saturday:

Mat Barre, 8:30 a.m.

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Hole-in-One!

Michael Wilson

Hole #6 ■ 105 Yards

Pw ■ August 13

Witnesses: Jim Willis, Kent Carlisle
Roger Schumacker



*Hole-in-One!
Congrats!*

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2020 Pool Season

Lifeguards and pool attendants will be at the pool on Thursdays, Fridays, Saturdays and Sundays through September 6. They will not be there Mondays, Tuesdays or Wednesdays with the exception of Labor Day on Monday, September 7. The slide is unable to be open for operation if lifeguards are not present. Please enjoy the slide on the weekends while the guards are on duty!

Thomas Lynch Hall is open for lap swim Monday-Friday from 6-7:15 a.m. and on Saturdays and Sunday from 6-10 a.m. The Main Pool lap hours will remain open daily from 6-10 a.m. All pools will continue to be open daily from 10 a.m.-8 p.m. through October.

Please continue to bring your own chairs and pool floats with a maximum one-person capacity, and please remember that tents and umbrellas are not permitted for safety reasons.

Please continue to HAVE FUN while we wait for the heat to pass through September!

*Ladies
Champs!*



GOLF NEWS

Couples Golf

Sunday, September 20
Shotgun, 1 p.m.
Dunes West Golf & River Club

Please join us FORE a Couples Golf Outing. Dinner to follow at the club. Sign up sheet is located in the Pro Shop or call 843-856-9000.

Deadline September 17 by noon. Any cancellations after noon on the 17th, dinner will be charged to your account.

Golfers of all skill levels are encouraged and always welcome! It's all about getting out with friends and having fun!



2020 Ladies Club Championship Results

Championship – Gross

1st Place

Barbara Miller, 77
(2-Time Champion!)

Championship – Net

1st Place

Mary Fraggos, 74

Flight 1-Net

1st Place

Jennifer Browne, 75

2nd Place

Evie Wasson, 76

Flight 2-Net

1st Place

Patty Tykal, 74

2nd Place

Debbie Caruana, 77

Congratulations to all the winners!

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2020 Men's Club Championship Results

Championship Flight

1st Place

Michael Glennon Jr, 76 – 78, 154

2nd Place

Tom Zavada, 78 – 77, 155

3rd Place

Justin Sweat, 80 – 78, 158

Senior Club Champion

1st Place

Robert Malaussena, 78 – 77, 155

Congrats Champs!



Senior Champion
Robert Malaussena



Michael Glennon Jr.
In action



Club Champion
Michael Glennon Jr.



Net Gold Champion
Bruce Thompson

2nd Place

Kevin Doyle, 80 – 80, 160

3rd Place

David Connell, 79 – 82, 161

4th Place

Bill Godwin, 81 – 81, 162

5th Place

William Breen, 87 – 78, 165

Net Gold Flight

1st Place

Bruce Thompson, 74 – 79, 154

2nd Place

Scott Blue, 76 – 78, 154

3rd Place

Glenn Hough, 76 – 81, 157

Congratulations to
all the winners!



Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000

September



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



1

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.

2

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:39-10:24
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

3

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Dinner,
5-8:30 p.m. RSVPs
Recommended
843-856-9378

4

SMGA, 8:18-9:12
LGA, 7:33-8:09
Yoga for You, 9 a.m.
Café Roux Food Truck

5

MGA, 7:15-8:00
LGA, 9:12-9:21
GOB, 9:30-9:48
Mat Barre,
8:30 a.m.

6

MGA,
7:15-7:42

7

MGA, 7:15-8:09
LGA, 8:18-8:54
SMGA, 9:03-9:57
Pilates, 9 a.m.

Labor Day

8

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt,
8:30 a.m.
Restorative Yoga,
6:30 p.m.

9

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:39-10:24
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.



10

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Dinner,
5-8:30 p.m. RSVPs
Recommended
843-856-9378

11

SMGA, Team Challenge,
8:18-9:39
LGA, 7:33-8:09
Yoga for You, 9 a.m.
Area 51 Food Truck

12

DW/RT Challenge,
7:15
LGA, 9:48-9:57
GOB, 10:06-10:24
Mat Barre,
8:30 a.m.

13

MGA,
7:15-7:42

14

SMGA, 8:18-9:12
LGA, 7:33-8:09
Pilates, 9 a.m.

15

LGA, Champ 8:09-9:21
10:33-10:51
SLIP, 9:30-9:48
GOB, 9:57-10:24
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:39-10:24
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

17

LGA, Champ
8:09-9:21 • 10:33-10:51
SLIP, 9:30-9:48
GOB, 9:57-10:24
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Dinner,
5-8:30 p.m. RSVPs
Recommended
843-856-9378

18

SMGA, 8:18-9:12
LGA, 7:33-8:09
Yoga for You, 9 a.m.
Samir's Gyros & More
Food Truck
Wine on the
Wagner Event
RSVPs required.
843-856-9378

19

MGA,
7:15-8:00
LGA,
9:12-9:21
GOB,
9:30-9:57
Mat Barre,
8:30 a.m.

20

MGA,
7:15-7:42
Couples Golf,
1 p.m.
Couples
Golf Dinner

21

SMGA, 8:18-9:12
LGA, 7:33-8:09
Pilates, 9 a.m.

22

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Restorative Yoga,
6:30 p.m.

23

SMGA, 8:18-9:12
LGA 9 & Lunch,
9:39-10:15
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.

24

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Cardio Sculpt,
8:30 a.m.
Restorative Yoga,
6:30 p.m.
Thursday Dinner,
5-8:30 p.m. RSVPs
Recommended
843-856-9378

25

SMGA, 8:18-9:12
LGA, 7:33-8:09
Yoga for You, 9 a.m.
Café Roux Food Truck

26

MGA,
7:15-8:00
LGA, 9:12-9:21
GOB, 9:30-9:48
Mat Barre,
8:30 a.m.

27

MGA,
7:15-7:42

28

SMGA, 8:18-9:12
LGA, 7:33-8:09
Pilates, 9 a.m.

29

LGA, 7:42-8:27
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt,
8:30 a.m.
Restorative Yoga,
6:30 p.m.

30

SMGA,
8:18-9:12
LGA 9 & Lunch,
9:39-10:15
Pilates, 9 a.m.
Restorative Yoga,
6:30 p.m.



*It's the season
for golf!*