



November 2020

# Dunes West

## GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille  
843-881-8735 Fitness Center ■ [www.duneswestgolfclub.com](http://www.duneswestgolfclub.com)



### UPCOMING EVENTS

## 24th Annual Dunes West Holiday Craft Show

Saturday, November 14 ■ 9 a.m.-4 p.m.

Join us at the Athletic Club to browse a selection of artistic crafts and delights supplied by more than 40 local crafters!

Jump start holiday shopping with a unique selections of wooden crafts, pottery, ornaments, paintings, flower and food trucks, and more. If you have any questions, please call Betty or Hannah at 843-856-9000 or email [hannah.iliff@duneswestgolfclub.com](mailto:hannah.iliff@duneswestgolfclub.com).

### AROUND THE CLUB

## Thanksgiving Dinner-To-Go

**Let Chef Jenn do all the work this year!**

Pre-order your Thanksgiving Dinner from Dunes West this year. Chef Jenn will prepare a delicious meal with traditional accompaniments so you can enjoy your holiday dinner without all the work.

### Choose our Oven-Roasted Turkey or Oven-Baked Ham Dinner:

- \$70, Serves 2 people
- \$140, Serves 4 people
- \$180, Serves 6 people
- \$240, Serves 8 people
- \$360, Serves 12 people

- Orders taken starting November 1 and must be placed by Sunday, November 22 at 3pm.
- Scheduled pick up of **chilled meals** will be Monday, November 23 through Wednesday, November 25 between 3-6 p.m.
- Payment must be made when placing the order (member charge, cash or credit card).

### Turkey

- Oven Roasted Turkey** with traditional turkey gravy
- House-made Stuffing** Sausage, celery, sage, onions, butter, herbed cubed bread & corn bread
- Green Bean Casserole** with crispy onions
- Mashed Potatoes** with butter, cream & chives
- Whipped Sweet Potatoes** with roasted pecans
- Cranberry Sauce**
- Dinner Rolls**
- Apple Cranberry Cobbler**, Add \$5 Per Person

### Ham

- Oven-Baked Ham** with brown sugar, mustard glaze

### Save the Date!

**Breakfast**  
Breakfast Sandwiches Only  
Monday – Friday, 8-11 a.m.  
Full Breakfast  
Saturday-Sunday, 8-11 a.m.

**Sunday Brunch**  
Sunday, 8 a.m.-12 noon

**Lunch**  
Daily, 11 a.m.-3 p.m.

**Dinner**  
Thursdays, 5-8 p.m.

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**November 6**  
Friday Dinner, 5-8 p.m.



- House-made Stuffing** Sausage, celery, sage, onions, butter, herbed cubed bread & corn bread
- Green Bean Casserole** with crispy onions
- Mashed Potatoes** with butter, cream & chives

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- **Whipped Sweet Potatoes**  
with roasted pecans
- **Apple, Cinnamon Cranberry Sauce**
- **Dinner Rolls**
- **Apple Cranberry Cobbler,**  
Add \$5 Per Person



a bed of Low Country risotto with pimento cheese & bacon, with fresh steamed asparagus, \$17

▪ **Baby Back Ribs**

Half Rack, \$14 ▪ Full Rack, \$19  
Fall off the bone and brushed with a sweet & tangy BBQ sauce with hand-cut fries & coleslaw

▪ **Grilled Salmon**

Topped with lemon herb butter sauce on a bed of orzo pasta with petite peas, \$18

▪ **Steak Frites**

Chef's choice topped with roasted shallot butter, Parmesan & garlic hand-cut fries & fresh steamed asparagus, \$21

**SALADS & SANDWICHES**

**Burger\***

- Have it with or without bacon
- Choose: American, cheddar, Swiss or smoked gouda

Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

▪ **Chicken Sandwich**

- Have it grilled or fried, with or without bacon
- Choose: American, cheddar, Swiss or smoked gouda

Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

**Thursday Dinner**

Dinner served from 5-8 p.m.  
The Grille Room

**THURSDAY SPECIALS**

See the special board for our:  
\$20 Wine Bottle Specials

**SIDE SALADS**

Add to any entrée for \$5

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

▪ **House Salad**

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

**APPETIZER**

**Bang Bang Shrimp**

Tossed with Sriracha & sweet chili aioli topped with chopped scallions, \$9

**ENTRÉES**

*All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.*

▪ **Chicken & Risotto**

Crispy fried chicken breast on

**Did You Know?!?**

We offer EZ Pay Billing for both your Athletic & Golf dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!  
843-856-9000

**DW Salad**

Mixed greens, crumbled bleu cheese, dried cranberries, Mandarin oranges, candied walnuts, red onion & raspberry vinaigrette, \$9

**Add to salad for \$5:**

**Chicken Breast:** Grilled, fried or blackened

**Shrimp:** Grilled, fried or blackened

**KIDS**

*Choose one side.*

- Grilled Cheese, \$6
  - Burger, \$6
- Chicken Tenders, \$6
- Cheese Quesadilla, \$6

*\*May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.*

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## A Note from Linda in Accounting

1 If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required. Without proper notice, your bill will continue to accrue until we have a written statement of intent to cancel your membership.

2 Please inform us of any personal information changes such as address, phone number, billing information, or email address in order to maintain accurate records for your convenience.

Thank you!

EZ-Pay Billing is available for both Athletic and Golf Membership dues. To make monthly payment more convenient, simply provide us with a debit or credit card to automatically bill between the 1st and 5th every month. In order to set up EZ-Pay Billing, please contact Linda Jamison, Office Manager, at 843-856-9000 to set up your EZ-Pay account!

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## Friday Night Dinner

Friday, November 6 ■ 5-8 p.m.  
The Grille Room

### SIDE SALADS

Add to any entrée for \$5

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing



*LGA Member/Member Winners!*

## SALADS & SANDWICHES

### ■ Burger\*

- Have it with or without bacon
  - Choose: American, cheddar, Swiss or smoked gouda
- Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

### ■ Chicken Sandwich

- Have it grilled or fried, with or without bacon
  - Choose: American, cheddar, Swiss or smoked gouda
- Served with shredded lettuce, tomato, onion & a pickle on a buttered & grilled brioche bun with fries, \$14

### ■ DW Salad

Mixed greens, crumbled Bleu Cheese, dried cranberries, Mandarin oranges, candied walnuts, red onion & raspberry vinaigrette, \$9

### Add to salad for \$5:

**Chicken Breast:** Grilled, fried or blackened

**Shrimp:** Grilled, fried or blackened

## KIDS

Choose one side.

- Grilled Cheese, \$6
  - Burger, \$6
- Chicken Tenders, \$6
- Cheese Quesadilla, \$6

*\*May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.*

### ■ House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

## APPETIZER

### ■ Queso Dip

Homemade queso cheese dip & tortilla chips, \$8

## ENTRÉES

*All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.*

### ■ Prime Rib

8 oz. Queen-cut , \$18

12 oz. King-cut , \$22

Served with au jus, mashed potatoes & fresh green beans

### ■ Buffalo Shrimp Tacos

Fried Shrimp tossed in wing sauce, with bleu cheese crumbles & salsa, drizzled with bleu cheese dressing, served with a side of beans & rice, \$14

### ■ Chicken Valdostana

Char-grilled chicken topped with prosciutto, fresh mozzarella & a white wine mushroom butter sauce with fresh basil, over mashed potatoes, & fresh green beans, \$16

### ■ Baby Back Ribs

Fall off the bone and brushed with a sweet & tangy BBQ sauce with hand-cut fries & coleslaw  
Half rack, \$14 ■ Full rack, \$19

# Hole-in-Ones!

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## Fall Fitness Class Session

October 5-January 1

Please email Hannah at [hannah.iliff@duneswestgolfclub.com](mailto:hannah.iliff@duneswestgolfclub.com) to register & pay for classes.

**Unlimited Fall Session:** \$145  
**Drop-in Class Fee:** \$10/class

### Class Schedule

**Mondays:** Pilates, 9 a.m.

#### Tuesdays:

Cardio Sculpt, 8:30 a.m.  
Restorative Yoga, 6:30 p.m.

#### Wednesdays:

Pilates, 9 a.m.  
*Class is happening on 11/25*

#### Thursdays:

Cardio Sculpt, 8:30 a.m.  
*(\*No class 11/26)*  
Restorative Yoga, 6:30 p.m.  
*(\*No class 11/26)*

#### Friday:

Yoga for You, 9 a.m.

#### Saturday:

Mat Barre, 8 a.m. *(\*No class 11/28)*

## Fitness Facility Updates

- When entering the gym, please count the number current exercise participants to ensure the recommended maximum participant number of 6 people at a time is not exceeded.



- Please continue to practice safety by not coming to the gym if you are feeling ill or have been experiencing symptoms of Covid-19, wiping and cleaning equipment before and after use, washing your hands, and wearing face masks when entering and exiting the gym. We thank you for your patience as we continue to navigate this new style of fitness.

- Reminders on children in the fitness facility: No children under 13 may be in the fitness facility at any time for any reason. Children ages 13-17 must be with an adult 18 years of age or older.

## GOLF NEWS

## 2020 LGA Member / Member Results

### 1st Place:

Susie Koch, Evie Wasson, 67

### 2nd Place:

Barbara Miller, Karen Snyder, 69

### 3rd Place:

Linda Murray, Anna Carlson, 70



## Hole-in-One

### Rande Block

Hole #6 ■ 10/4/20  
105 yards ■ Driver

### Christina Jones

Hole #8 ■ 9/15/20  
120 yards ■ Driver

### Jack Boyle

Hole #6 ■ 10/17/20  
109 Yards ■ 8-Iron

## Emoji Ball

### 1st Place:

Jennifer Browne, Kathy Fischer, 67

### 2nd Place:

Barbara Miller, Karen Snyder, 67

### 3rd Place:

Sharon Hawkes, Patty Tykal, 71

## LGA Member/Member Winners

Susie Koch,  
Evie Wasson,  
67

# November



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 MGA, 7:15-7:42 Couples Golf, 12:30 <i>Daylight Saving Time Ends</i>	2 SMGA, 9:30-10:24 LGA, 8:45-9:21 Pilates, 9 a.m.	3 LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m. <i>Electron Day</i>	4 SMGA, 9:30-10:24 LGA 9 & Lunch, 11-11:45 a.m. Pilates, 9 a.m. Restorative Yoga, 6:30 p.m.	5 Tournament – Course Open, 3:03 Thursday Dinner, 5-8 p.m. RSVPs Recommended 843-856-9378 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m.	6 LGA, 8:45-9:21 SMGA, 9:30-10:15 Friday Dinner Featuring Prime Rib! 5-9 p.m. RSVPs Recommended 843-856-9378 Yoga for You, 9 a.m.	7 MGA End of Season, 7:33-9:12 11:54-1:33 GOB, 10:15-10:33 LGA, 9:30-9:39 Mat Barre, 8 a.m.	
8 MGA End of Season, 8:18 Shotgun Course Open, 9:48	9 SMGA, 9:30-10:24 LGA, 8:45-9:21 Pilates, 9 a.m. 	10 LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m.	11 SMGA, 9:30-10:24 LGA 9 & Lunch, 11-11:45 a.m. Pilates, 9 a.m. Restorative Yoga, 6:30 p.m. <i>Veterans Day</i>	12 No Thursday Dinner Due to Private Event at the Club Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m.	13 LGA, 8:45-9:21 SMGA, 9:30-10:24 Yoga for You, 9 a.m.	14 MGA, 7:15-8 LGA, 9:12-9:21 GOB, 10:06-10:24 Craft Show, 9 a.m.-4 p.m.	
15 MGA, 7:15-7:42	16 SMGA, 9:30-10:24 LGA, 8:45-9:21 Pilates, 9 a.m.	17 LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m.	18 SMGA, 9:30-10:24 LGA 9 Tournament, 8:27-9:21 Pilates, 9 a.m. Restorative Yoga, 6:30 p.m. 	19 LGA Turkey Trot, 8-9:21 SLIP, 9:30-9:48 GOB, 9:57-10:24 Thursday Dinner, 5-8 p.m. RSVPs Recommended 843-856-9378 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m.	20 SMGA Pirates Cup, 9:30-10:51 LGA, 8:45-9:21 Yoga for You, 9 a.m.	21 MGA, 7:15-8 LGA, 9:12-9:21 GOB, 10:06-10:24 Mat Barre, 8 a.m.	
22 MGA, 7:15-7:42	23 SMGA, 9:30-10:24 LGA, 8:45-9:21 Pilates, 9 a.m.	24 LGA, 8:18-9:03 SLIP, 9:39-9:57 GOB, 10:06-10:33 Cardio Sculpt, 8:30 a.m. Restorative Yoga, 6:30 p.m.	25 SMGA, 9:30-10:24 LGA 9 & Lunch, 11-11:45 a.m. Pilates, 9 a.m.	26 LGA, 8:27-9:12 SLIP, 9:39-9:57 GOB, 10:06-10:33 Thanksgiving Tee Closed, 1 p.m. No Thursday Dinner Due to Thanksgiving Holiday <i>Thanksgiving Day</i>	27 LGA, 8:18-8:54 SMGA, 9:03-9:57 MGA, 7:15-8:09 Yoga for You, 9 a.m.	28 MGA, 7:15-8 LGA, 9:12-9:21 GOB, 10:06-10:24	
29 MGA, 7:15-7:42	30 SMGA, 9:30-10:24 LGA, 8:45-9:21 Pilates, 9 a.m.						<i>Happy Thanksgiving!</i>