

FEBRUARY 2025



Pro Shop
843-856-9000

Grille
843-856-9000 ext. 7

Athletic Club,
Jenn Devaney
843-856-9000 ext. 4

duneswestgolfclub.com
@duneswestgolfandriverclub

Join us!

Breakfast

Monday-Friday,
8-11AM

Saturday,
8AM-Noon

**Sunday
Brunch**

8AM-3PM RSVP
843-856-9378 ext. 7

Lunch

Monday-Saturday,
11AM-3PM

Dinner

Thursdays,
5-8PM

Dunes West

GOLF & RIVER CLUB

the month

Burgers, Bourbon & Bubbles

Saturday, February 8
Live Acoustic Music, 6-9PM
The Grille Room

Featuring Our
Bourbon List &
LaMarca Prosecco
Specials

Reservations, 5-8:30PM
Call 843-856-9000 ext. 7.

Appetizers

● **Fried Green Tomatoes**

Topped with homemade pimento cheese, bacon bits, scallions & drizzled with buttermilk Ranch, \$10

● **Chips & Queso**

Tortilla chips with homemade queso cheese dip, garnished with pico de gallo, \$10

Burgers

Half-pound, char-grilled Angus beef burgers, on buttered & grilled Brioche bun, with choice of side.

● **Black & Blue Burger***

Blackened seasoning, bleu cheese crumbles, bibb lettuce, tomato, onion, pickles, \$15

● **Pork Belly Burger***

Seared pork belly, cheddar, homemade bacon jam, bibb lettuce, tomato, onion, pickles, \$16



● **Southern Burger***

Fried green tomato, pimento cheese, bacon, bibb lettuce, onion, pickles, \$15

● **BYO Burger***

Choose: Swiss, American, Cheddar, Havarti, Provolone or Queso, \$15
Add Bacon, \$.75

● **BYO Chicken 'Burger'**

Grilled or Fried Chicken Breast.
Choose: Swiss, American, Cheddar, Havarti, Provolone or Queso, \$15.
Add Bacon, \$.75

Salads & Baskets

● **Salmon Salad**

● Bourbon-glazed salmon on a bed of mixed greens with sliced almonds, Mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette

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Dunes West Polar Plunge

Support our Dunes West Swordfish Swim Team (organized by swim team)

Saturday, February 8 ● 11AM
Main Club Pool

[Click here sign up:](#)

<https://www.signupgenius.com/go/20F0B4CA9AD2DA1F85-54350340-dunes?useFullSite=true>



**Plus tax & gratuity.

Did you know we offer Fitness Classes at the Athletic Club?

Join our Fitness Classes for your 2025 goals! If a class a try for free for your first class. You can just show up to the classroom on the far right of the clubhouse at the time of class. If you want to keep taking classes, contact Jenn Devaney jenn.devaney@duneswestgolfclub.com to sign up.

Drop-ins, \$10
\$150 / 4 months unlimited

Monday

7:30AM Total Body Conditioning – Traci S.
8:45AM Pilates – Tracy
6PM Yin – Megan

Tuesday

7AM Vinyasa – Megan
8:30AM Pump It Up – Pam
6:30PM Restorative Yoga – Jim

Wednesday

7AM Vinyasa – Megan
8:45AM Pilates – Tracy
6:30PM Restorative Yoga – Jim

Thursday

7AM Vinyasa – Megan
8:30AM Pump It Up – Pam
6:30PM Restorative Yoga – Jim

Friday

7:30AM Total Body Conditioning – Tracy S.

Saturday

9AM Vinyasa – Megan

Sunday

8AM Chisel – Jim



Valentine's Tennis Social

February 15 • 12-2:30PM

Come join us for our Annual Valentine's Social. This is a great way to meet or make new tennis friends. You don't have to have a partner to sign up for this event and all levels are welcome. We will have several rounds of regular doubles, followed by one sweetheart round. Adult beverages will be supplied, and several prizes given out. Cost is \$20 per person. Please sign up by February 12 to reserve your spot. To sign up for this event please log in to your **Dunes West 10sportal** account, click <Activities>, then <Events>. If you have any further questions, please contact Jack at 843-345-2995.

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- **Grilled Chicken Caesar Salad**
Chopped romaine hearts, Parmesan cheese, creamy Caesar dressing, herbed croutons, \$16
- **Chicken Tender Basket**
Tossed in Buffalo, BBQ or Bang-Bang sauce, choice of side, \$14
- **Fried Shrimp Basket**
Tossed in Buffalo, BBQ or Bang-Bang sauce, choice of side, \$14

Sides

- Hand-cut Fries ● Tater Tots
- Onion Rings ● Cole Slaw
- Potato Salad ● Fresh Fruit
- Kettle Chips ● Sweet Potato
- Fries

Kids

Served with fries, \$7
(12 years of age & under only.)

- Cheeseburger ● Chicken Fingers
- Cheese Quesadilla ● Grilled Cheese



Dessert

Marion's Gelato, \$7
Ask your server for available flavors.

around the club

Thursday Dinner

Dinner served, 5-8PM

Wine Special

Featuring \$25 Bottles of Wine

Side Salads

Add to any entrée for \$5.

Caesar Salad with homemade croutons & Parmesan cheese

Romaine Wedge with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

House Salad

Mixed greens with tomatoes, onions, cucumbers & choice of dressing

Appetizer

- **Gator Bites**
Deep-fried alligator, with a Creole mustard dipping sauce, \$11

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Jambalaya**
Smoked sausage, boneless chicken thighs, bell peppers, onions, okra, red beans & rice, \$21

- **Grilled Pork Tenderloin**

Brown sugar marinated pork over dirty rice, with deep-fried Parmesan crusted asparagus, \$27



MENU CONTINUED »

*May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

THURSDAY DINNER
MENU CONTINUED »

● **Seared Scallops**

Four U10 scallops on a bed of spinach gnocchi, with a lemon cream sauce, topped with pickled watermelon radish, sauteed rainbow chard & fried pancetta, Market Price

● **Beef Daube**

Braised beef stew with carrot, tomato & okra, over steamed white rice, garnished with rainbow chard, \$28

Salads & Sandwiches

● **Grille Room Burger***

Half-pound char-grilled Angus beef, with Swiss, American, Cheddar, Havarti, Provolone or Queso. Bibb lettuce, tomato, onion, pickle, brioche bun, \$15
Add Bacon, \$.75

● **Chicken Sandwich**

Grilled or Fried, Swiss, American, Cheddar, Havarti, Provolone or Queso. Bibb lettuce, tomato, onion, pickle, brioche bun, \$15
Add Bacon \$.75

● **Salmon Salad**

Bourbon-glazed salmon on a bed of mixed greens with sliced almonds, Mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$18

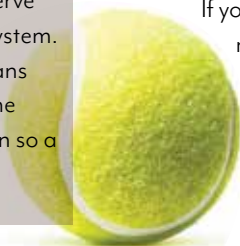
Kids

Choose one side, \$6

- Grilled Cheese ● Chicken Tenders
- Burger ● Cheese Quesadilla

Court Reservations

Just a reminder that you must reserve a court through the reservation system. If you reserve a court and your plans change and aren't going to use the court please delete the reservation so a fellow member can use the court.



Jack Miller

Congrats!

30 Years at Dunes West!

Congratulations to our Director of Tennis **Jack Miller** for 30 years of service as of February 1 at The Club at Dunes West.

net news

Clay Courts

Now that courts 3-6 have been completed this is just a friendly reminder to sweep and line the clay courts after you play on them so that they are ready for the group that is following you. If you need assistance on how to do this please text Jack at 843-345-2995.



Junior Tennis Classes

TUESDAYS

Yellow Ball Intermediate
4:30-6PM ● Ages 11-15

Orange Ball Knee Knockers
4:30-6PM ● Ages 8-11

WEDNESDAYS

Orange Ball Knee Knockers
4:30-6PM ● Ages 8-11

Red Ball Ankle Biters
4:30-6PM ● Ages 5-8

If you have any questions regarding tennis please text Jack at 843-345-2995.

Pickleball Classes

Intro to Adult Pickleball

Tuesdays ● 6-7PM
Wednesdays ● 6-7PM

Junior Pickleball

Thursdays ● 4:30-6PM ● Ages 8-15
If you have any further questions regarding Pickleball please reach out to our Pro Peter McGhee 843-847-1586.

in the pool

Pools open April 1, 2025

*May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 MGA, 7:15-8:54
2 MGA, 7:15-8 Sunday Brunch RSVPs Recommended 843-856-9378	 SMGA, 8:45-10:24 LGA, 8:09-8:36	LGA, 8:09-8:54	SMGA, 8:45-10:24 LGA, 8:18-8:36; 10:33-10:42	6 LGA, 8:18-9:03 Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	7 SMGA, 8:45-10:24	8 MGA, 7:15-8:54 Polar Plunge, IIAM Burgers, Bourbon & Bubbles Live Acoustic Music RSVPs 843-856-9378
9 MGA, 7:15-8 Sunday Brunch RSVPs Recommended 843-856-9378	10 SMGA, 8:45-10:24 LGA, 8:09-8:36	11 LGA, 8:09-8:54	12 SMGA, 8:45-10:24 LGA, 8:18-8:36; 10:33-10:42	13 LGA, 8:18-9:03 Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	14 SMGA Joker Stableford, 8:45-10:24	15 MGA, 7:15-8:54
16 MGA, 7:15-8 Sunday Brunch RSVPs Recommended 843-856-9378	17 MGA, 7:15-8:36 LGA, 8:45-9:03 SMGA, 9:12-10:33	 18 LGA, 8:09-8:54	19 SMGA, 8:45-10:24 LGA, 8:18-8:36; 10:33-10:42	20 LGA, 8:18-9:03 Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	21 SMGA, 8:45-10:24	22 MGA, 7:15-8:54
23 MGA, 7:15-8 Tournament Tee Closed, 10:15AM Sunday Brunch RSVPs Recommended 843-856-9378	24 Tournament - Course Closed	25 Tournament - Course Open, 2:45PM	26 SMGA, 8:45-10:24 LGA, 8:18-8:36; 10:33-10:42	27 LGA, 8:18-9:03 Thursday Dinner 5-8PM RSVPs Recommended 843-856-9378	28 SMGA, 8:45-10:24	

Valentine's Day

President's Day