

JULY 2024



Pro Shop
843-856-9000

Grille
843-856-9378

Athletic Club,
Jenn Devaney
843-856-9000 ext. 4

duneswestgolfclub.com
@duneswestgolfandrivclub

Join us!

Breakfast

Monday-Friday,
8-11AM

Saturday,
8AM-Noon

Sunday Brunch

8AM-3PM RSVP
843-856-9378 ext. 7

Lunch

Monday-Saturday,
11AM-3PM

Dinner

Thursdays,
5-8:30PM

Dunes West

GOLF & RIVER CLUB

in the pool

Aqua Aerobics

Monday, Wednesday, Friday
10:30-11:30AM ● TLH pool



Pelicans Snow Cones

July 5 & 13 ● 1-4PM ● Pool

Scavenger Hunt

July 13 ● 11AM-2PM

around the club

Thursday Dinner

Thursdays ● Dinner served, 5-8:30PM

New Wine Special!

Featuring \$25 Bottles of Wine

Side Salads

Add to any entrée for \$5.

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing
- **House Salad:** Mixed greens with tomatoes, onions, cucumbers & choice of dressing

More info to come via email in July



Appetizer

- **Pork Wings** served with blueberry and strawberry compote, with Alabama white sauce & Everything seasoning, \$11

Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Char-Grilled Chicken**
Over a spinach salad with sliced strawberries, apples, goat cheese, shaved red onion & candied walnuts, with a Bada Bing Cherry balsamic vinaigrette, \$19
- **Baby Back Ribs**
Slow-cooked, tender ribs, brushed with a sweet & tangy BBQ sauce, served with coleslaw & hand-cut fries.
Half rack, \$21 ● Full rack, \$29

[CONTINUED]

reminder

Pool Rules

Thank you for not using gum at the pools.



**Plus tax & gratuity.

[CONTINUED]

● **Blackened Catch of the Day**

Over creamed hominy with fried okra spears and a bacon, corn & lima bean succotash, Market Price

● **12 oz. Ribeye**

Topped with a garlic compound butter, on a bed of loaded mashed potatoes & a grilled vegetable kebab, \$39



Salads & Sandwiches

● **Grille Room Burger****

Half-Pound Char-Grilled Angus Beef, with Swiss, American, Cheddar, Havarti, Provolone or Queso. Bibb lettuce, tomato, onion, pickle, Brioche bun, \$15
Add Bacon \$.75

● **Chicken Sandwich**

Grilled or Fried, Swiss, American, Cheddar, Havarti, Provolone or Queso. Bibb lettuce, tomato, onion, pickle, Brioche bun, \$15
Add Bacon, \$.75

● **Salmon Salad**

Bourbon-glazed salmon on a bed of mixed greens with sliced almonds, Mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$18

Kids

Choose one side.

- Grilled Cheese, \$6
- Burger, \$6
- Chicken Tenders, \$6
- Cheese Quesadilla, \$6

Introducing FOMO!

Corinne (Golf Clubhouse) and Jenn (Athletic Club Director) are collaborating to bring you a monthly goto **'Save the Date' Social Events Calendar** for our members! There is a button on the club homepage next to member login that will open the **FOMO Calendar**. Please be patient as we get this organized and ready for you. Our goal is to merge the social calendars for the Golf and Athletic Club events into one place so our members can mark their calendars.



MGA Championship Winner!



Steve Mowery,
73-68-141



Food Truck Fridays

Fridays ● 5:30-7:30

JULY

July 5: No Food Truck

July 6 (Saturday):
My Lil Bubba Bar BQ

July 12: Mac Daddy

July 19: Chucktown Meatballs

July 26: Krystynes

AUGUST

August 2: Tatornator

August 9: Shaka Shrimp

August 16: City Sliders

August 23: Johnny Focaccia

August 30: Fried Green Bananas

SEPTEMBER

September 6: Dizzy Lamb,
5:30-7:30PM

September 13: Krystynes

September 20: Drunk Tony's

September 27: Johnny Focaccia

golf news

Folds of Honor

Tuesday, August 6

I will be playing golf from sunup to sundown to raise awareness and money for the families of our veterans who have made the ultimate sacrifice.

An email blast will be coming out in July with a link to make a donation.

Thank you for your continued support.

Rich Rankin

General Manager
Dunes West Golf Club

*May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	SMGA, 8-9:21 LGA, 7:33-7:51 Total Body, 7:30AM Pilates, 8:45AM Yin, 6PM	LGA 7:33-8:18 SLIP, 9:03-9:21 GOB, 10:06-10:51 Hackers Golf, 3:30 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM	SMGA, 8-9:21 LGA 9:30-10:15 Vinyasa, 7AM Pilates, 8:45AM Restore, 6:30PM	MGA, 7:15-8:36 LGA, 8:45-9:30 SLIP, 9:39-9:57 GOB, 10:06-10:51 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM No Thursday Dinner	SMGA, 8-9:21 LGA, 7:33-7:51 Total Body, 7:30AM Friday Night Charcuterie and Happy Hour in The Grille Room or The Eagle's Nest!	MGA, 7:15-8:36 LGA 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9AM
	7	8	9	10	11	13
MGA, 7:15-7:42 8AM Chisel Sunday Brunch RSVPs Recommended 843-856-9378	SMGA, 8-9:21 LGA, 7:33-7:51 Total Body, 7:30AM Pilates, 8:45AM Yin, 6PM	LGA 7:33-8:18 SLIP, 9:03-9:21 GOB, 10:06-10:51 Hackers Golf, 3:30 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM	SMGA, 8-9:21 LGA 9:30-10:15 Vinyasa, 7AM Pilates, 8:45AM Restore, 6:30PM	<i>July 4th!</i> LGA 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:15 Vinyasa, 7AM Pump It Up, 8:30AM Restore, 6:30PM Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	SMGA, 8-9:21 LGA, 7:33-7:51 Total Body, 7:30AM Friday Night Charcuterie & Happy Hour in The Grille Room or The Eagle's Nest!	MGA, 7:15-8:36 LGA 9:12-9:21 GOB, 10:06-10:33 Vinyasa, 9AM
14	15	16	17	18	19	20
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28	29	30	31			
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