

SEPTEMBER 2024



Pro Shop  
843-856-9000

Grille  
843-856-9000 ext. 7

Athletic Club,  
Jenn Devaney  
843-856-9000 ext. 4

duneswestgolfclub.com  
@duneswestgolfandriverclub

Join us!

### Breakfast

Monday-Friday,  
8-11AM

Saturday,  
8AM-Noon

### Sunday Brunch

8AM-3PM RSVP  
843-856-9378 ext. 7

### Lunch

Monday-Saturday,  
11AM-3PM

### Dinner

Thursdays,  
5-8:30PM

# Dunes West

GOLF & RIVER CLUB



around the club

## Thursday Dinner

Dinner served, 5-8:30PM  
The Grille Room

### NEW WINE SPECIAL!

Featuring \$25 Bottles of Wine

### Side Salads

Add to any entrée for \$5.

- **Caesar Salad** with homemade croutons & Parmesan cheese
- **Romaine Wedge** with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing
- **House Salad:** Mixed greens with tomatoes, onions, cucumbers & choice of dressing

### Appetizer

- **Heirloom Caprese:** Heirloom tomatoes, fresh mozzarella, arugula, balsamic reduction, smoked sea salt & fresh basil, \$11



### Entrées

All entrées served with fresh baked focaccia with our signature garlic Parmesan dip.

- **Pecan-Crusted Chicken**  
Honey-bourbon glaze, mashed sweet potatoes & bacon mustard Brussels, \$21
- **Seared Scallops:** Blueberry balsamic gastrique, butternut squash risotto and arugula tossed in EVOO & fresh lemon, \$29
- **Herb-Crusted Pork Loin:** Sundried tomato pesto cream, potatoes & bacon mustard Brussels, \$ 24
- **Cracked Peppercorn Beef Skewers:** Korean BBQ sauce, Asian rice & Bok choy, \$29

### Salads & Sandwiches

- **Grille Room Burger†:** Half-pound char-grilled Angus beef, with Swiss, American, Cheddar, Havarti, Provolone or Queso. Bibb lettuce, tomato, onion, pickle, brioche bun, \$15. Add Bacon, \$.75



## Food Truck Fridays

- September 6:**  
Dizzy Lamb (5:30-7:30PM)
- September 13:**  
Krystynes
- September 20:**  
Drunk Tony's



Duck Race Fun!

\*\*Plus tax & gratuity.



## Save the Dates

### October 27

Truck or Treat  
The Athletic Club  
11AM-1PM

### November 9

Annual Craft Show  
The Athletic Club  
9AM-4PM

### December 2

Member Party

### December 15

Hot Chocolate  
with Santa



● **Chicken Sandwich**  
Grilled or fried, Swiss, American, Cheddar, Havarti, Provolone or Queso. Bibb lettuce, tomato, onion, pickle, brioche bun, \$15  
Add Bacon, \$.75

● **Salmon Salad**  
Bourbon-glazed salmon on a bed of mixed greens with sliced almonds, Mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, with our homemade mustard vinaigrette, \$18

### Kids

Choose one side, \$6  
● Grilled Cheese ● Burger ● Chicken Tenders  
● Cheese Quesadilla

## The Grille Room Lunch Menu

Monday-Saturday ● 11AM-3PM

### Soup & Salad

All salads available wrapped in a flour tortilla.\*  
Dressings: Honey Mustard, Italian, Ranch, Bleu Cheese, Raspberry Vinaigrette or Mustard Vinaigrette

● **Soup of the Day:** Cup, \$6 ● Bowl, \$9  
● **House Salad:** Mesclun greens, grape tomatoes, carrot, English cucumber, shaved red onion, shredded cheddar cheese, \$10

● **Asian Salad:** Mixed greens with sliced almonds, Mandarin oranges, diced tomatoes, cucumbers, black sesame seeds, mustard vinaigrette, \$11  
● **Dunes West Salad:** Greens, Bleu cheese crumbles, dried cranberries, candied walnuts, Mandarin oranges, shaved red onion, raspberry vinaigrette, \$11  
● **Caesar Salad:** Chopped Romaine hearts, Parmesan cheese, creamy Caesar dressing, herbed croutons, \$11

### ADD:

Grilled or Bourbon Salmon, \$8  
Grilled, Blackened or Fried Chicken, \$5  
Homemade Chicken Salad, \$5  
Grilled, Blackened or Fried Shrimp, \$6

### Baskets

● **Pork Wings**<sup>†\*</sup> with choice of sweet & spicy chili glaze, homemade teriyaki, bourbon BBQ, Alabama White BBQ or Buffalo, \$15  
● **Chicken Tenders:** Tossed in Buffalo, BBQ or Bang-Bang sauce, hand-cut fries, \$14  
● **Fried Shrimp:** Tossed in Buffalo, BBQ or Bang-Bang sauce, hand-cut fries, \$14  
● **Loaded Fries or Tots:** Pepper Jack, queso, bacon, Ranch & scallions, \$10

### Sides

● Hand-Cut Fries ● Tater Tots  
● Onion Rings ● Cole Slaw\*  
● Potato Salad\* ● Fresh Fruit\*  
● Sweet Potato Fries ● Kettle Chips

### Sandwiches

Served with choice of side.

● **Grilled Brie Cheese**<sup>\*</sup>: Brie, thick-cut bacon, smoked turkey, caramelized onions, fig jam & arugula on a pressed hoagie, \$15  
● **Patty Melt**<sup>\*</sup>: Half-pound char-grilled Angus beef, caramelized onions & Swiss on grilled rye, \$15  
● **Chopped Brisket Sandwich**<sup>\*</sup>: Slow-cooked brisket, chopped and topped with Alabama white BBQ sauce, cole slaw, bread & butter pickles & a fried onion ring, \$16  
● **Reuben:** Corned beef or turkey, Swiss, sauerkraut & 1000 Island, on black rye, \$15

## in the pool

### Last Days...

● September 2 (Labor Day) is the last day for Lifeguards on the weekends and for the water slide to be open.  
● All Pools close October 31 and re-open April 1, 2025.

## Aqua Aerobics

Monday, Wednesday, Friday  
10:30-11:30AM ● TLH pool

\*New Items †May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.



# The Grille Room Breakfast Menu

## ● **Chicken Bacon Ranch:**

Roasted chicken, Mesclun greens, bacon, shredded Cheddar, tomato & Ranch dressing, \$14

## ● **Grille Room Burger\*:**

Half-pound char-grilled Angus beef, with Swiss, American, Cheddar, Havarti, Provolone or Queso. Bibb lettuce, tomato, onion, pickle, brioche bun, \$15. Add Bacon \$.75

● **Chicken Sandwich:** Grilled or fried, Swiss, American, Cheddar, Havarti, Provolone or Queso. Bibb lettuce, tomato, onion, pickle, brioche bun, \$15 Add Bacon, \$.75

## Tacos

Three tacos (flour or corn tortillas) with choice of one side.

● **Carne Asada\*:** Marinated steak with shredded cheddar, diced tomato & shredded lettuce, with salsa & sour cream, \$14

● **Pollo\*:** Choose: Blackened chicken with queso & cole slaw or grilled with Bang Bang sauce, shredded lettuce & diced tomato, \$14

● **Shrimp\*:** Choose: Blackened chicken with queso & cole slaw or grilled with Bang Bang sauce, shredded lettuce & diced tomato, \$14

● **Salmon\*:** Seared salmon topped with Asian slaw & white ginger sauce, \$18

## ● **Daily Catch\***

Catch of the Day – Ask your Server, Market Price

## Dessert

### ● **Marion's Gelato**

Ask your server for available flavors, \$7

## Kids Menu

12 years of age & under only, \$7.

Served with fries.

- Cheeseburger ● Chicken Fingers
- Cheese Quesadilla ● Grilled Cheese

Monday – Friday: 8-11AM  
Saturday: 8AM-12noon  
Sunday: 8AM-3PM

## Grille Room Favorites

● **Breakfast Tacos\*:** Three tacos with scrambled eggs, shredded cheddar, chopped bacon, sausage, sautéed peppers & onions, served with breakfast potatoes, \$14

● **Golfer's Special†:** Two eggs with choice of ham, bacon or sausage, breakfast potatoes & choice of English muffin, white or wheat toast, \$11

● **Big Dog Breakfast†:** "Let the Big Dog Eat!" Two eggs, two bacon strips, two sausage patties, two pancakes, breakfast potatoes, \$12

● **Dunes West Frittata†:** Eggs baked with potatoes, bacon, sausage, caramelized onions, Cheddar cheese and English muffin, white or wheat, \$12

● **BYO Omelet†:** Three eggs filled with your choice of ham, bacon, sausage, tomatoes, onions, scallions, Swiss, American, Cheddar, Havarti or Provolone cheese, with breakfast potatoes and English muffin, white or wheat toast, \$12

● **Buttermilk Pancakes** with choice of bacon or sausage, \$10

● **French Toast** with choice of bacon or sausage, \$10

## Breakfast Sides

- Bacon ● White or Wheat
- Sausage ● English Muffin
- Hand-Cut Potatoes
- Grits (Saturday & Sunday Only)



# Did you know we offer Fitness Classes at the Athletic Club?

If a class a try for free for your first class. **Classes are \$10 drop-ins or \$150 for four months unlimited.**

You can just show up to the classroom on the far right of the clubhouse at the time of class. If you want to keep taking classes, contact Jenn Devaney [jenn.devaney@duneswestgolfclub.com](mailto:jenn.devaney@duneswestgolfclub.com) to sign up.

## Monday

- Total Body Conditioning, 7:30AM – Traci S.
- Pilates, 9AM – Tracy
- Aqua Aerobics, 10:30AM – Susan
- Yin, 6PM – Megan

## Tuesday

- Vinyasa, 7AM – Megan
- Pump, 8:30AM – Pam
- Restorative Yoga, 6:30PM – Jim

## Wednesday

- Vinyasa, 7AM – Megan
- Pilates, 9AM – Tracy
- Aqua Aerobics, 10:30AM – Susan
- Restorative Yoga, 6:30PM – Jim

## Thursday

- Vinyasa, 7AM – Megan
- Pump It Up, 8:30AM – Pam
- Restorative Yoga, 6:30PM – Jim

## Friday

- Total Body Conditioning, 7:30AM – Tracy S.
- Aqua Aerobics, 10:30AM – Susan
- Yin (first Mondays Sunset Yoga), 6PM

## Saturday

- Vinyasa, 9AM – Megan

## Sunday

- Chisel, 8AM – Jim

# Congratulations!



Dave Attard

## Hole-in-One

### Dave Attard

August 25 ● Hole #6  
158 Yards ● 6-Iron  
Witnesses: Howard Killgo  
& James Huffman

### Kids Menu

\$6 (12 years of age and under only)

- Egg & Cheese on English Muffin\*
- One Pancake with Bacon or Sausage
- One Egg\* & Toast

## Sunday Brunch

Brunch Items Served – Sunday Only!  
8AM-3PM

- **Brisket Burrito\***: Slow-cooked brisket, scrambled eggs, shredded cheddar, chopped breakfast potatoes, wrapped in a flour tortilla, with a side of loaded grits, \$16
- **Chopped Brisket Benedict\***: Slow-cooked brisket, chopped and topped with Alabama white BBQ sauce, two poached eggs on an English muffin with breakfast potatoes, \$16
- **Smoked Salmon Bagel\***: Open face with whipped dill cream cheese, capers, & pickled red onion, on a multi-grain bagel, \$15
- **Fried Chicken & Waffles**: Fried chicken breasts, whipped butter & spicy maple glaze on crispy waffles, \$16



ABOVE [L-R]: Jerad Shaffer Men's Club Champion; Ed Castiller Men's Senior Champion; Mickey Renner Men's Net Gold Champion

- **Breakfast Burrito†**: Scrambled eggs, shredded cheddar, chopped bacon, sausage, sautéed peppers & onions wrapped in a flour tortilla, topped with salsa, homemade queso & sliced jalapeños, served with breakfast potatoes, \$15

### Sandwiches

- **BYO Egg Sandwich†**: Swiss, American, Cheddar, Havarti or Provolone cheese, on English muffin, white toast, wheat toast or tortilla wrap, \$7
- **Chicken & The Egg Sandwich†**: Fried chicken breast, Cheddar, two slices of bacon & a sunny-side egg, with Bibb lettuce, tomato, onion, brioche bun, breakfast potatoes, \$15
- **Sunrise Burger†**: Half-pound char-grilled Angus beef, with Swiss, American, Cheddar, Havarti or Provolone cheese, two slices of bacon & a sunny-side egg, with Bibb lettuce, tomato, onion, pickle, brioche bun, breakfast potatoes, \$16

- **Reuben**: Corned beef or turkey, Swiss, sauerkraut, 1000 Island dressing, black rye, \$15
- **Chicken Bacon Ranch**: Roasted chicken, Mesclun greens, bacon, shredded Cheddar, tomato & Ranch dressing, \$14

### Salads

- **Dunes West Salad**: Greens, bleu cheese crumbles, dried cranberries, candied walnuts, Mandarin oranges, shaved red onion, raspberry vinaigrette, \$11

- **Caesar Salad**: Chopped romaine hearts, Parmesan cheese, Caesar dressing, croutons, \$11

### ADD:

- Grilled or Bourbon Salmon, \$8
- Fried Shrimp, \$6
- Grilled, Blackened or Fried Chicken, \$5,
- Grilled, Blackened or Fried Shrimp, \$5

### Baskets

Choice of one side.

- **Chicken Tenders**: Tossed in Buffalo, BBQ or Bang-Bang sauce, \$14
- **Fried Shrimp**: Tossed in Buffalo, BBQ or Bang-Bang sauce, \$14

### Brunch Sides

Bacon ● Sausage ● Toast ● English Muffin ● Potatoes ● Grits ● Hand-Cut Fries ● Tots ● Fresh Fruit\*

### Sunday Only

Bloody Mary Bar, \$11  
Mimosa Carafe's

# Way to Go!



ABOVE [L-R]: Barbara Miller Ladies Club Champion; Karen Snyder Ladies Net Champion

\*New Items †May contain ingredients that are raw or under cooked. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 MGA, 7:15-7:42	2 MGA, 7:15-8:36 LGA, 8:45-9:12 SMGA, 9:21-10:51 Last Day for Open Slide	3 LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:15 Hackers, 3:30	4 SMGA, 8-9:21 LGA, 9:30-10:15	5 LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:15 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	6 SMGA, 8-9:21 LGA, 7:33-7:51 Dizzy Lamb Truck, 5:30-7:30 Friday Night Charcuterie and Happy Hour in The Grille Room or The Eagle's Nest!	7 MGA 7:15-8:36 LGA 9:12-9:21 GOB 10:06-10:33 Blood Drive, 8AM
8 MGA, 7:15-7:42 Sunday Brunch RSVPs Recommended 843-856-9378	9 LGA, 7:33-7:51 SMGA, 8-9:21	10 LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:15 Hackers, 3:30	11 SMGA, 8-9:21 LGA, 9:30-10:15	12 LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:15 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	13 SMGA, 8-9:21 LGA, 7:33-7:51 Krystynes Truck, 5-7 Friday Night Charcuterie and Happy Hour in The Grille Room or The Eagle's Nest!	14 DW/RT, 7:15-8:54 LGA, 9:12-9:21 GOB, 10:06-10:33
15 MGA 7:15-7:51 Couples Golf, 1PM Sunday Brunch RSVPs Recommended 843-856-9378	16 LGA, 7:33-7:51 SMGA, 8-9:21 Whispering Marsh, 2PM	17 LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:15	18 SMGA, 8-9:21 LGA, 9:30-10:15 Paint n' Sip, 5PM Look for details via email blast!	19 LGA, 7:33-8:18 SLIP, 9:03-9:21 GOB, 9:30-10:15 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	20 SMGA Team Challenge, 8:18-9:39 LGA, 7:33-7:51 Drunk Tony's 5-7 Friday Night Charcuterie and Happy Hour in The Grille Room or The Eagle's Nest!	21 MGA, 7:15-8:36 LGA, 9:12-9:21 GOB, 10:06-10:33
22 MGA, 7:15-7:51 Sunday Brunch RSVPs Recommended 843-856-9378	23 SMGA, 8-9:21 LGA, 7:33-7:51 Tournament, 9:30	24 LGA Champ, 8:09-9:30 SLIP, 9:39-9:57 GOB, 10:06-10:51	25 SMGA, 8-9:21 LGA, 9:30-10:15	26 LGA Champ, 8:09-9:30 SLIP, 9:39-9:57 GOB, 10:06-10:51 Thursday Dinner 5-8:30PM RSVPs Recommended 843-856-9378	27 SMGA, 8-9:21 LGA, 7:33-7:51 Friday Night Charcuterie and Happy Hour in The Grille Room or The Eagle's Nest!	28 MGA, 7:15-8:36 LGA, 9:12-9:21 GOB, 10:06-10:33
29 MGA, 7:15-7:42 Sunday Brunch RSVPs Recommended 843-856-9378	30 SMGA, 8-9:21 LGA, 7:33-7:51	31				



Labor Day

Grandparents Day

