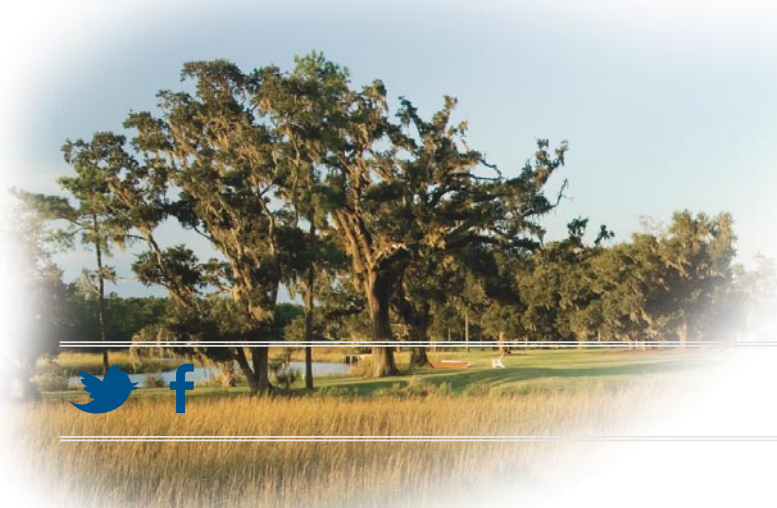




July 2015

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com

UPCOMING EVENTS

Folds of Honor & Patriot Golf Day Dunes West Golf Marathon

Tuesday, August 4

Please support Dunes West and Rich Rankin in our quest to play 253 holes of golf to raise awareness for the families of our fallen and wounded warriors by donating today. The Folds of Honor Foundation supplies college scholarships to those families who have sacrificed everything for our country.

Please help Dunes West thank them for making the ultimate sacrifice. **Please make checks out to:**

Folds of Honor

Mail to: Dunes West Golf Club
c/o Rich Rankin
3535 Wando Plantation Way
Mt. Pleasant, SC 29466.



Fourth of July Party

Saturday, July 4 ■ 12-3 p.m.

Come celebrate America's Birthday by the pool. DJ Doug playing all the hits.

Book Club

July 14 ■ 7:30 p.m.

Club Members are welcome to join The Book Club at The Club at Dunes West. This club meets the second Tuesday of every month in The Club's Meeting Room. If you have any questions or would like to find out what this month's reading is, please contact Vicky Zimpfer at zimpfer@bellsouth.net.

Pirate Pool Party

Thursday, July 18 ■ 11:30-1:30 p.m.

Ahoy there matey! Let's set sail for a place far away where only mermaids and pirates play! Get there early for the best seats and don't forget your swipe cards.

Adult Happy Hour

Wednesday, July 22 ■ 6-8 p.m.

Of all hours, this is the happiest! Come sip and socialize.

Adults only \$10/person

Please RSVP by July 17
pamela.chakides@duneswestgolfclub.com

Save the Date!

Thursday Dinner

5-9 p.m. | RSVP 843-856-9378

July 4

DJ at Pool

July 14

Book Club

July 18

Pirate Pool Party

July 22

Adult Happy Hour

July 28

Ice Cream Social

August 4

Folds of Honor & Patriot Golf Day Dunes West Golf Marathon

Spring/Summer Athletic Club Lobby Hours

Monday, Friday: 9:30 a.m.-5 p.m.

Tuesday: 9:30 a.m.-1 p.m.

Neal will be working at the Dunes West Golf Club:

Wednesday & Thursday: 9 a.m.-4 p.m.

CONTINUED » »

Ahoy Mateys!
Pirate Pool Party
on July 18!

CONTINUED >>

AROUND THE CLUB

Thursday Italian Dinner

Half price bottles of house wine

Appetizer

Pineapple Shrimp Kabobs

brushed with cilantro oil, \$9

Entrées

All entrées served with fresh baked focaccia and our signature garlic Parmesan oil

Grilled Tuscan Chicken with char-grilled vegetables & drizzled with balsamic reduction served with garlic Parmesan mashed potatoes, \$13

Grilled Pork Loin topped with an apple cranberry chutney, \$14

New York Strip: 10 oz. strip with a Rosemary port wine demi glace, mashed potatoes & vegetable, \$19

Cajun Mahi Mahi: Pan-seared and topped with a white wine beurre blanc, \$16

Half Pound Burger with choice of cheddar, Swiss, smoked Gouda or American cheese, \$9

Char-Grilled Chicken Sandwich

with choice of cheddar, Swiss, smoked Gouda or American cheese, \$9

Soup & Salad

Add to any entrée for \$3

Soup of the Day

Ask your server for today's selection

Caesar Salad with homemade croutons & Parmesan cheese

House Salad Mixed greens with tomatoes, onions, cucumbers & choice of dressing

Wedge Salad with crumbled bleu cheese, diced tomatoes, bacon bits & bleu cheese dressing

DWG Dunes West Grille

The first Friday of every month
Kitchen, 5-9 p.m. ■ Band, 6-10 p.m.

DWG will be featuring:

- A Live Band
- Happy Hour Drinks
- Prime Rib
- Member Happy Hour, 4-7p.m.

Reservations from 5-8:30 p.m.
Call 843-856-9378

Women Who Wine

Women Who Wine will take a summer hiatus and will not meet in July or August but see you all back at Dunes West in September. Enjoy your summer!

Band Schedule:

Friday, July 3: One Kool Blow
Friday, August 7: Josh Hughett

First Friday Menu:

Appetizer

Queso Dip: White Queso cheese dip & tortilla chips, \$8

Entrées

All entrées served with fresh baked focaccia and our signature garlic Parmesan oil. Add a Caesar or house salad to any entrée for \$3

Prime Rib

8 oz. Queen Cut, \$15
12 oz. King Cut, \$19

Sliced-to-order, served with au jus, mashed potatoes & fresh green beans

Fried Seafood Platter: Shrimp, flounder & calamari, with hand-cut fries, cole slaw & tartar sauce, \$18

Grilled Chicken Au Poivre:

Two char-grilled marinated breasts with Au Poivre sauce, mashed potatoes & fresh green beans, \$12

Half Pound Burger with choice of cheddar, Swiss, smoked Gouda or American cheese, \$9

Char-Grilled Chicken Sandwich

with choice of cheddar, Swiss, smoked Gouda or American cheese, \$9

Ice Cream Social

Sunday, July 28 ■ 5-7 p.m.

Let's chill! Please join us
for an ice cream social.

\$5/child

Please RSVP by July 23
pamela.chakides@
duneswestgolfclub.com.

*Just \$10 to
Drop-in on
Our Fitness Classes!*

*Please drop off payments either in the black box on the office door in the lobby or in the mail slot of the Athletic Club. Your fitness card will be mailed to you within one week of payment.

CONTINUED >>

Summer Fitness Session

Our Summer 2015 Fitness Classes are underway – Want to participate in one of our classes? Drop in for just \$10. Space is limited, call or email Neal today – 843-881-8375, neal.cavallon@duneswestgolfclub.com

Schedule

Monday:

Yoga, 8 a.m.
Pilates, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Wednesday:

Pilates, 9 a.m.

Thursday:

Cardio Sculpt, 8:30 a.m.
PIYO, 6:30 p.m.

Friday:

Yoga, 8 a.m.

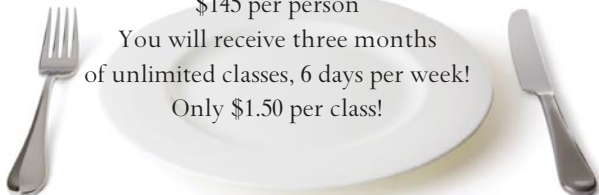
Saturday:

Saturday Surprise, 8:30 a.m.

Fee for Summer Fitness Session Unlimited Classes

\$145 per person

You will receive three months of unlimited classes, 6 days per week!
Only \$1.50 per class!



Aqua Fitness

Our Aqua Fitness Classes began in May and we want you to join in on the fun! Check out the exciting classes that we are offering:

Aqua Fitness – Adults

Monday & Wednesday:

Hartford Village Pool, 4-5 p.m.

Tuesday & Thursday:

Thomas Lynch Pool, 4-5 p.m.

This high energy water fitness work out combine's cardio, toning and stretching for an excellent work out. Excellent for cross-training, the water allows you to workout more effectively with less impact to the joints.

Session Fees:

July 13 – September 3:
\$80 per person

Aqua Assessment & Personal Training

By appointment only –
843-971- 8521 or 843-814-4575

Personal Aqua Fitness Trainer,
Lydia Linton Pontius is offering
her services to The Club at

Dunes West Members. She recommends doing a series of five sessions. The first session will be a full assessment done in the water, this combined with your goals will be used to design your own personal workout. This is great for anyone who is getting over an injury or wanting to cross train. Water Fitness Cross-Training is highly recommended for marathon runners, people training for triathlons, golfers, tennis players and anyone who loves the water and wants to get in better shape or target special needs.

Cost: \$50 per hour

More information is on Lydia's website at waterfitnessandswim.com.

CONTINUED >>

Swim Safety Reminder!

Parents - Please remember that all of our pools are "Swim-at-Your-Own-Risk" and are not supervised by lifeguards. The only area that is supervised by Lifeguards is the Waterslide and Slide Pool area.

Please be diligent in watching your little ones, especially those who cannot swim. If your child cannot swim well, please provide them with the proper flotation devices while in the pool areas.

Thank you in advance for helping keep everyone safe while enjoying the pools!

*Cheer on the Swordfish
at the Final Meet
July 7*

CONTINUED >>

2015 Car Decals for Residents Outside the Gate or Non-Residents

Residents who live outside the gates of Dunes West and Non-Residents are required to have a club car decal on their vehicle when entering into the gates of Dunes West. This decal allows you to come to either club property only.

If you cannot make our office hours to pick up your decal, please email us at linda.jamison@duneswestgolf-club.com and state your name, address and number of vehicles in your household. We will be happy to mail them to you.

Decal Pick-Up Hours:

Monday-Friday 8:30 a.m.-3:30 p.m.
at the Golf Club Office Upstairs
You can also pick up the decals in the Dunes West Pro Shop during the weekends.

Last Swordfish Home Meet

July 7

Thomas Lynch Hall pool
closed 4:30-8 p.m.

Thank you for your patience as we get our Swordfish ready to win the White League Trophy again this year!



Swordfish Practices

Our Dunes West Swordfish practice at the Thomas Lynch Hall Pool 7:30-10 a.m. in the morning before the pool opens.

Swim Season 2015 Important Information!

Athletic & Premier Members –

Our pools opened on Monday, March 30. Our season ends this year on September 30.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371 or Neal Cavallon at 843-881-8735 or neal.cavallon@duneswestgolfclub.com.

We are looking forward to a fun and safe pool season this year. Please note the slide rules and gate access information below:

Pool Gate Access: You will use your Fitness Access Cards to gain entry into the Main Pool behind the Clubhouse, Hartford Village adult

A Note from Linda in Accounting

❶ If you plan on moving and canceling your membership, please call Linda at 843-856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.

❷ The pools are open! If your balance is not current, your swipe cards will de-activate. Call Linda to pay today.

❸ Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.

only pool and the Thomas Lynch Hall pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant your swipe card so that they can check you into the pool. Guest Passes are electronic this year. You will not be provided any paper passes. Please discard any old paper passes as they cannot be used this year going forward.

As a reminder – only Members are allowed into the pool area – Guests **must** be with a Member at all times!

Guest Pass Procedure (please see Guest Pass Section in the Newsletter!)

Pool Hours are from 10 a.m.- 8 p.m.
The Main Pool is open for lap swim from 6-10 a.m.

Swim Diapers: Please make sure that your child is wearing the proper swim attire if they are not potty trained. Swim diapers are required.

CONTINUED >>

July 28 Ice Cream Social!

CONTINUED >>>

Slide Rules/Hours: The slide at the main pool will be open on weekends only until school is out of session. After school is out for the summer, we hope to have the slide open daily.

- You must be at least 42" inches tall to ride the Slide; no exceptions.
- No child is allowed to use "floaties" or any other water toys or flotation devices on the Slide.
- No one is allowed to catch children at the bottom of the Slide.

We look forward to seeing all of you enjoying the pools in the coming months!

Guest Pass Procedure

Passes work one of two ways:

- 1 You can bring your guests to the pool gate and upon arrival, the pool attendant will deduct one guest pass per guest from your account.
- 2 If you know in advance that you will have family/friends visiting for long periods of time, you can call us Monday-Friday at 843-881-8735 and leave a message with a) your first and last name, b) your guests first and last names (ALL of the guests), c) the period of time that they will be visiting (example 3/21 - 3/25).

We can use one guest pass per five family/friends for a one week period of time if you call ahead. Pool Attendants are not authorized to give you guest passes this way; only office staff can authorize long-term passes.

Guest Passes received after 12 p.m. on any given day will not go into effect until the following day. Guest Passes received after 12 p.m. on Fridays will not go into effect until Monday morning.

Family Members receive 20 guest passes per year. Single Members receive 10 guest passes per year. Guest passes will not be transferable into the next year.

Need additional passes? You can buy these at \$5 per day or \$15 per week (7 passes). We can bill these passes directly to your monthly statement.

If you bring a guest to the pool and you have run out of passes, the pool attendant will make a note on your account and you will be charged accordingly per pass if you have not purchased additional guest passes.

KE Camps 2015

Camps run the whole month of July!
June 8-July 31
Monday-Friday ■ 9 a.m.-4 p.m

Now is your chance to join the fun at Camp Dunes West! With bright and sunny weather in sight, it is the perfect time to solidify your child's summer plans. What could be better than spending summer days surrounded by camp friends, immersed in a wide variety of engaging activities, while under the care and supervision of our dedicated, all-adult staff?!

The camp program, for children ages 4-10, will consist of swimming,

Did You Know?!?

We offer EZ Pay Billing for both your Athletic & Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000

group tennis instruction, martial arts, special events, arts & crafts, fun with foods, super science projects, group games, camp traditions, and more. Two highlights of the program include weekly **Wacky Wednesday** theme days and **Thankful Thursday** community service projects. Please take a look at the KECamps website for complete descriptions of these extra special days.

The structured program operates Monday-Friday with complimentary before and after-care available. Daily enrollment is available as well, allowing you to choose whichever option is most convenient. Registration is flexible and you may enroll for as many weeks at a time as you like. Enrollment for Summer 2015 is currently open and online sign-up is a breeze. Please call KECamps at 877-671-2267 or visit them on the web at www.kecamps.com to inquire or enroll today!

CONTINUED >>>





Join us for
adult happy hour
July 22!

We hope you "Like" some
or all of these pages! It's a great
way for us to keep you in the loop in
real time.

CONTINUED >>

Follow Us on Facebook & Twitter

**Did you know that we have
Facebook/Twitter Accounts for
different features of the clubs?**

Dunes West Golf & River Club:

You'll find out all you need to know
about golf specials, special
dinner menus, member socials,
special events and more!
Information about pool
events, tennis socials,
fitness updates and more
posted here.



Dunes West Tennis: This is our
newest page and is for ALL things
Tennis! Jack, our Director of Tennis,
will be posting updates and pictures
of tournaments and socials. It's a
great way to keep in touch with
fellow players and to ask Jack
specific questions regarding lessons,
camps and clinics!

KE Camps Dunes West: This
page is specifically for all of the par-
ents who have registered their child
in our summer camp program. This
page is edited by our Camp
Counselors and will keep you up
to date with items that should be
brought to camp, fun upcoming
events and pictures of your children
having fun at camp!

A link to both the Facebook and
Twitter Social Networks can be
found on our website:
www.duneswestgolfclub.com.

GOLF NEWS

Couples Golf

Sunday, July 19

After Golf

\$38 per couple, including tax & gratuity

Low Country Menu

Southern Salad with tomatoes,
cucumbers, red onions, shredded
cheddar cheese & cornbread
croutons served with honey mustard
& red wine vinaigrette dressing

Low Country Boil with shrimp,
smoked sausage, corn on the cob
& potatoes in a homemade
seafood broth

Southern-Style Fried Chicken

Charleston Red Rice

Braised Collard Greens

Red Velvet Cake with fresh
whipped cream



2015 Junior Programs

August 10-14 ■ 8:30-10 a.m.
8:30-10:30 a.m. Friday

Ages 6-16

Members, \$110 ■ Non-Members, \$120

- Includes refreshments,
instruction, contests
 - Rules & Etiquette
 - Friday Play Day
- Each participant will receive:
golf hat, golf towel, divot tool

Sign up in the Pro Shop.
Limited to 24 Juniors.
843-856-9000

Men's Member Invitational Tournament

Overall Winner:

Glenn Hough & Phil Bertrand, 62

1st Flight Winners:

Joe Landing & Frank Landing

2nd Flight Winners:

Clark Brisson & Brand Brisson

3rd Flight Winners:

David Connell & John Van Vlerah

4th Flight Winners:

Ron Wheat & Mark Lloyd

Fifth Flight Winners:

Glenn Hough & Phil Bertrand

CONTINUED >>

Member Invitational

CONTINUED >>

Sixth Flight Winners:

Tom Parker & Deon Knecht

Seventh Flight Winners:

James Porzenski & Joe Porzenski

Eight Flight Winners:

Kevin Carpentier &
Phil Carpentier

Round 1 Net Skin Results:

Hole#1: John Van Vlerah

Hole#8: Phil Carpentier

Hole #17: Jim Clark

Ford Nelson won the CTP Contest
on hole #18 with a distance of 3'7"

2nd Place:

Barbara Boyer, 69

3rd Place:

Kelly Garrison, 69

4th Place:

Carol Spitznas, 71

5th Place:

Hilda Rose, 72

LGA Red White & Blue results

Chris Zavada for winning the
Tournament with a net score of 64
and a gross score of 72

1st Place:

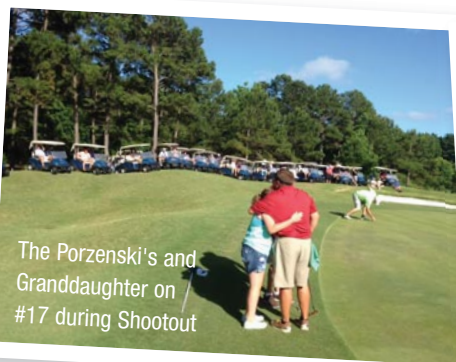
Chris Zavada, 64

Welcome Justin

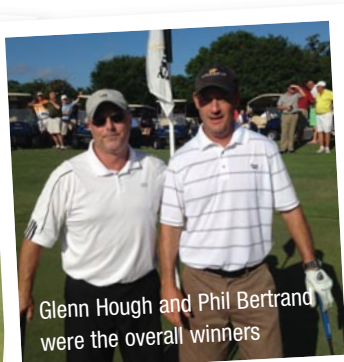
Hi, my name is Justin Naylor. I am originally from Indiana Pa. and have been married to my wife, Jacque for three years. We have a puppy named Moose and are in the process of moving to Mount Pleasant from Myrtle Beach. I am working towards a PGA certification through the PGA/PGM program. I am a graduate

of Penn State University (PSU) with a Bachelor degree in Human Development Family Studies.

Recently, I have completed my Associates degree in Golf Operations at the Golf Academy of America along with certifications in teaching, club repair and fitting. I have played sports my whole life and played college basketball for the Universities of PSU New Kensington and PSU Altoonta. Prior to our move to South Carolina I was a Mental Health Therapist for children that were unable to attend typical schools due to severe behaviors and autism. During our time in Myrtle Beach, I have worked at the Wizard Golf Course and the Members Club at Grande Dunes. I am a huge Steelers fan along with the Pirates, Penguins and Penn State Nittany Lions.



The Porzenski's and Granddaughter on #17 during Shootout



Glenn Hough and Phil Bertrand were the overall winners

[FROM TOP LEFT, L-R]: Sponsor signs and spectators #18; Flight winners before shootout on #14; Ford Nelson, CTP winner; Glenn Hough 17th tee during shootout; Mr. Knecht teeing off #18 during shootout; and Spectators on hole #18

July

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

It's the season for golf!



1

SMGA, 8:27-9:30
LGA 9 & Lunch,
9:39-9:57
KE Camp
Pilates, 9 a.m.
Swim Team TLH Pool,
7-10 a.m.

2

LGA 7:42-8:45
SLIP, 9:03-9:21
GOB, 9:30-9:57
Thursday Dinner 5-8:30 p.m.
RSVPs 843-856-9378
KE Camp
Cardio Sculpt, 8:30 a.m.
Piyo, 6:30 p.m.
Swim Team TLH Pool,
7-10 a.m.

3

SMGA, 8:27-9:30
LGA, 8-8:18
KE Camp
Yoga, 8 a.m.
Swim Team TLH Pool,
7-10 a.m.

4

MGA, 7:15-8
4th July DJ Party, Main
Pool, 12-2 p.m.

5

MGA, 7:15-7:42
First Friday with One
Kool Blow RSVPs 843-
856-9378

6

SMGA, 8:27-9:30
LGA, 7:42-8
KE Camp
Yoga, 8 a.m.
Pilates, 9:15 a.m.
Swim Team TLH Pool,
7-10 a.m.

7

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf,
3:30 p.m.
KE Camp
Cardio Sculpt,
8:30 a.m.
Swim Team Meet, TLH
Pool, 4:30-8 p.m.

8

SMGA, 8:27-9:30
LGA 9 & Lunch,
9:39-9:57
KE Camp
Pilates, 9 a.m.
Swim Team TLH Pool,
7-10 a.m.

9

LGA 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Thursday Dinner 5-8:30 p.m.
RSVPs 843-856-9378
KE Camp
Cardio Sculpt, 8:30 a.m.
PIYO, 6:30 p.m.
Swim Team TLH Pool,
7-10 a.m.

10

SMGA, 8:27-9:30
LGA 8-8:18
KE Camp
Yoga, 8 a.m.
Swim Team, TLH Pool,
7-10 a.m.

11

MGA, 7:15-8
Saturday Surprise,
8:30 a.m.

12

MGA, 7:15-7:42

13

SMGA, 8:27-9:30
LGA, 7:42-8
KE Camp
Yoga, 8 a.m.
Pilates, 9:15 a.m.

14

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf,
3:30 p.m.
KE Camp
Cardio Sculpt,
8:30 a.m.

15

SMGA, 8:27-9:30
LGA 9 & Lunch,
9:39-9:57
KE Camp
Pilates, 9 a.m.

16

LGA Par-3, 7:15-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Thursday Dinner 5-8:30 p.m.
RSVPs 843-856-9378
KE Camp
Cardio Sculpt, 8:30
PIYO 6:30 p.m.

17

SMGA, 8:27-9:48
LGA, 8-8:18
KE Camp
Yoga, 8 a.m.

18

MGA, 7:15-8
Saturday Surprise,
8:30 a.m.
Pirate Pool Party, Main
Pool, 11:30-1:30 p.m.

19

MGA, 7:15-7:42
Couples golf, 3:30
Dinner to follow

20

SMGA, 8:27-9:30
LGA, 7:42-8
KE Camp
Yoga, 8 a.m.
Pilates, 9:15 a.m.

21

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf,
3:30 p.m.
KE Camp
Cardio Sculpt,
8:30 a.m.

22

SMGA, 8:27-9:30
LGA 9 & Lunch,
9:39-9:57
KE Camp
Pilates, 9 a.m.
Adult Happy Hour,
Main Pool, 6-8 p.m.

23

LGA 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Thursday Dinner
5-8:30 p.m. RSVPs
843-856-9378
KE Camp
Cardio Sculpt,
8:30 a.m.

24

SMGA, 8:27-9:30
LGA, 8-8:18
President's Cup
Happy Hour
KE Camp
Yoga, 8 a.m.

25

MGA Presidents Cup,
7:33-8:54
Saturday Surprise,
8:30 a.m.

26

MGA Presidents Cup,
7:33-8:54

27

SMGA, 8:27-9:30
LGA, 7:42-8
KE Camp
Yoga, 8 a.m.
Pilates, 9:15 a.m.

28

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:48
Hackers Golf,
3:30 p.m.
KE Camp
Cardio Sculpt,
8:30 a.m.
Ice Cream Social,
Main Pool, 5-7 p.m.

29

SMGA, 8:27-9:30
LGA 9 & Lunch,
9:39-9:57
KE Camp
Pilates, 9 a.m.

30

LGA, 7:42-8:45
SLIP, 9:03-9:21
GOB, 9:30-10:57
Thursday Dinner
5-8:30 p.m. RSVPs
843-856-9378
KE Camp
Cardio Sculpt,
8:30 a.m.
PIYO, 6:30 p.m.

31

SMGA, 8:27-9:30
LGA, 8-8:18
KE Camp
Yoga, 8 a.m.