

June 2015

Dunes West

GOLF & RIVER CLUB

843-856-9000 Pro Shop ■ 843-856-9378 Grille
843-881-8735 Fitness Center ■ www.duneswestgolfclub.com



UPCOMING EVENTS

Book Club

June 9 ■ 7:30 p.m.

Club Members are welcome to join The Book Club at Dunes West Golf & River Club. This club meets the second Tuesday of every month in The Club's Meeting Room. If you have any questions or would like to find out what this month's reading is, please contact Vicky Zimpfer at zimpfer@bellsouth.net.

Women Who Wine

A Day at the Beach

Tuesday, June 9

Menu

Grille Room Salad: Romaine lettuce tossed with cucumbers, tomatoes and bleu cheese crumbles.



Athletic Club Lobby Hours

Monday, Friday: 9:30 a.m.-5 p.m.

Tuesday: 9:30 a.m.-1 p.m.

Neal will be working at the Dunes West Golf Club:

Wednesday & Thursday: 9 a.m.-4 p.m.

Served with our homemade mustard vinaigrette

Grilled Chicken Skewers with red onion, green peppers and pineapple brushed with cilantro oil

Low Country Skewers with shrimp and smoked sausage

Tortellini Salad: Tri-colored tortellini tossed with sundried tomatoes, black olives, shredded sharp cheddar and tossed in a creamy garlic dressing

Dessert

Strawberry Shortcake with homemade orange zest biscuits & fresh whipped cream

Cocktail Special

Malibu & Pineapple

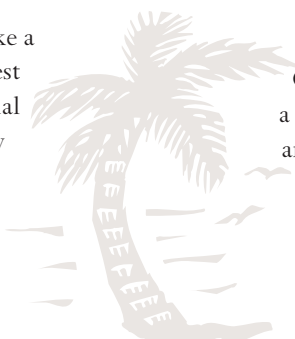
\$22, tax & gratuity included. RSVP at dinnerwithdiana@gmail.com.

Luau Party

★ Saturday, June 13

■ 11:30 a.m.-1:30 p.m.

Hula on over and make a splash at the Dunes West Golf & River Club annual Luau Bash. Come early for the best seats and don't forget your Swipe Cards.



Save the Date!

Thursday Dinner

5-9 p.m. | RSVP 843-856-9378

June 5

First Friday

June 8-12

Junior Golf Camp

June 9

Book Club
Women Who Wine

June 13

Luau Party

June 27

Sunset Family Dinner

June 30

Drive-in Movie Night

Sunset Family Dinner

Saturday, June 27 ■ 7 p.m.

Featuring All-You-Can-Eat Family-Style Chicken

Come to the club and enjoy a family friendly, buffet dinner and enjoy our amazing sunset views from the clubhouse

Reservations: 843-856-9378
Adults, \$15.50 ■ Kids, \$8.99

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Save-the-Date:
Drive-in Movie Night,
June 30

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Menu

Mixed Green Salad: Romaine, diced tomatoes and cucumbers, red onion with creamy ranch or red wine vinaigrette

Garlic Rolls: Soft rolls brushed with garlic parsley butter

Oven-Roasted Chicken: Slow-roasted with our signature dry rub

Penne Marinara with our homemade sauce and grated Parmesan cheese

Roasted Red Bliss Potatoes

Homemade Bread Pudding with sweet vanilla glaze



Drive-in Movie Night

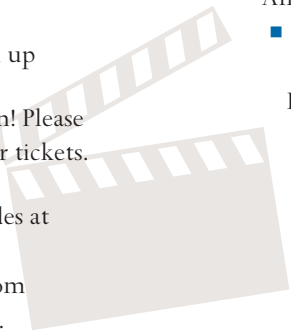
★ Tuesday, June 30 ■ 6-8 p.m.
Main Pool

Lights, camera, action! Join us for some "reel" fun at our Drive-in Movie Night complete with popcorn and a special treat for your kids to take home.

\$9 per child – ages 5 & up

Parents are welcome to join! Please RSVP by June 24 to get your tickets.

RSVP to Pamela Chakides at
pamela.chakides@
duneswestgolfclub.com
or call 843-881-8735.



AROUND THE CLUB

Congratulations Class of 2015

Each year, the team at Dunes West Golf & River Club looks forward to publishing the list of graduates and sharing in this momentous occasion with you and your family. The team at Dunes West Golf & River Club extends a heartfelt congratulations to the Class of 2015.

Martina Abbriano ■ Elisa Aldrich ■
Marissa Anderson ■ Savannah Asbill
■ Jake Ballard ■ Monica Becerra ■
Carly Bernatovicz ■ Jeffrey Bobby ■
Christopher Bogart ■ Nicholas
Bogart ■ Kyle Brady ■ Mary
Caldwell ■ Caroline Carter ■ Ben
Chapman ■ Caroline Clayton ■
James Croft ■ Brandon Dailey ■
Hannah Davis ■ Nate Diehl ■
Harrison Diesl ■ Nick Egan ■
Hannah Lynn English ■ Emma
Everidge ■ Alex Fisher ■ Harrison
Francis ■ Max Frankel ■ Colton
Frankel ■ Claire Gautreaux ■ Jenn
Gironda ■ Brandon Alexander
Grauert ■ Samantha Blair Grow ■
Alissa Gustafson ■ Scott Helm,
Megan Herlihy ■ Austin Hodges,
Amber Hontz ■ Blake Howard
■ Lexi Howard ■ Elise Hynd ■
Sarah Ingrasselino ■ Jake
Iriart ■ Kyle Jackson ■ Clint
Jackson ■ Ben Jacques ■
Spencer Johnson ■ Jacob
Karkowski ■ Benjamin
King ■ Emma Claire King
■ Grace King ■ Emily
Knepper ■ Elise Krall ■

A Note from Linda in Accounting

- 1 If you plan on moving and canceling your membership, please call Linda at 856-9000 before your move. A 30-day written notice is required and if we don't have notice, your bill will continue to accrue until we have a statement by phone and in writing.
- 2 The pools are open! If your balance is not current, your swipe cards will de-activate. Call Linda to pay today.
- 3 Please inform us if you change your email address. It is important that we have the correct one on file for billing purposes.

Chris Langer ■ Peter Christopher
Leto ■ Lexi Levin ■ Bryce Lewis ■
Jonathan Lierley ■ Noah LoCascio ■
Hayley Lutrario ■ William Luttrell ■
Christina McCormack ■ Matt
McMrosson ■ Ruthie McTighe ■
Joshua Morocco ■ Calvin Morse ■
Payton Muller ■ Nick Nybo ■ Sean
Killian O'Toole ■ Sean Killian
O'Toole ■ Stephen Olmo ■ Kevin
Ortega ■ Grace Park ■ Savannah
Parker ■ William Pickens ■ Thomas
Pomposelli ■ Madison Porter ■ Karis
Ripple ■ Lauren Robertson ■
Thomas Sanders ■ Jennie Schaaf ■
Savannah Scherling ■ Caleb
Sizemore ■ Carly Snyder ■ April
Song ■ Micah Stewart ■ Peter
Strickler ■ Jarrett Swan ■ Gracie
Taylor ■ Vikram Tipnis ■ Douglas
Tortorici ■ Sophia Wachowski, C.
Marshall Wallace ■ Monica Waln ■
Graham Wanders ■ Stanislav Watson
■ Vladislav Watson ■ Patrick Weis ■
Jenna Wheet ■ Jack White ■ Madison
Yost ■ Ashley Zeller ■ Andrew
Zimmerman

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*Join us for Thursday Dinner.
Buon Appetito!*

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DWG Dunes West Grille

First Friday

Join us at the Dunes West Grill the First Friday of each month for a live band, happy hour drinks and prime rib.

Member Happy Hour, 4-7 p.m.
Kitchen Open, 5-9 p.m.
Live Entertainment, 6-10 p.m.

Reservations ■ 5-8:30 p.m.
Call 843-856-9378.

Band Schedule:

Friday, June 5: Molly Durnin
Friday, July 3: One Kool Blow
Friday, August 7: Josh Hughett

First Friday Menu

Appetizer

Queso Dip
White Queso cheese dip
& tortilla chips, \$8

Entrées

All entrées served with fresh baked focaccia and our signature garlic Parmesan oil. Add a Caesar or house salad to any entrée for \$3.

Prime Rib

8 oz. Queen-Cut, \$15
12 oz. King-Cut, \$19

Sliced-to-order, served with au jus, mashed potatoes & fresh green beans

Fried Seafood Platter:

Shrimp, flounder and calamari, with hand-cut fries, cole slaw & tartar sauce, \$18

Grilled Chicken au Poivre:

Two char-grilled marinated breasts with au poivre sauce, mashed potatoes and fresh green beans, \$12

Half Pound Burger with choice of cheddar, Swiss, smoked Gouda or American cheese, \$9

Char-Grilled Chicken Sandwich

with choice of cheddar, Swiss, smoked Gouda or American cheese, \$9

Thursday Italian Dinner

June 2015

Half price bottles of house wine
RSVP at 843-856-9378.

Appetizer

Sausage & Squid: Fried calamari and grilled sweet Italian sausage, tossed with fresh lemon juice, pepper rings and garlic-parsley butter, served with marinara and a roasted red pepper cream sauce, \$9

Entrées

All entrees served with fresh baked focaccia and our signature garlic Parmesan oil

Chicken Parmesan served on a bed of fettuccini Alfredo, \$13

Eggplant Napoleon: Breaded and lightly fried eggplant layered with Italian herbs, ground beef and cheese. Finished with homemade marinara, served with a side of penne, \$14

Veal Milanese: Veal cutlets, pounded thin, breaded and lightly fried, topped with melted fresh mozzarella and served over a bed of mixed greens tossed with EVOO and fresh squeezed lemon, drizzled with balsamic reduction, \$18

Frutti di Mare: Mussels, shrimp, calamari and fresh cod sautéed with garlic, diced tomatoes, white wine and fresh parsley, served on a bed of fettuccini, \$20

Half Pound Burger with choice of cheddar, Swiss, smoked Gouda or American cheese, \$9

Char-Grilled Chicken Sandwich with choice of cheddar, Swiss, smoked Gouda or American cheese, \$9

Soup & Salad

Add to any entrée for \$3

Soup of the Day

Ask your server for today's selection.

Caesar Salad with homemade croutons & Parmesan cheese

House Salad: Mixed greens with tomatoes, onions, cucumbers and choice of dressing

Wedge Salad with crumbled bleu cheese, diced tomatoes, bacon bits and bleu cheese dressing



Summer Camps
are Back!

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KE Camps 2015

June 8 – July 31

Camp is getting closer and those summer days will be here before we know it! Now is your chance to join the fun at Camp Dunes West! With bright and sunny weather in sight, it is the perfect time to solidify your child's summer plans. What could be better than spending summer days surrounded by camp friends, immersed in a wide variety of engaging activities, while under the care and supervision of our dedicated, all-adult staff?!

The camp program, for children ages 4-10, will consist of swimming, group tennis instruction, martial arts, special events, arts and crafts, fun with foods, super science projects, group games, camp traditions and more. Two highlights of the program include weekly Wacky Wednesday theme days and Thankful Thursday community service projects. Please take a look at the KECamps website for complete descriptions of these extra special days.

Weekly sessions are available from June 8-July 31. The structured program operates from 9 a.m.-4 p.m.,

Monday through Friday with complimentary before and after-care available. Daily enrollment is available as well, allowing you to choose whichever option is most convenient. Registration is flexible and you may enroll for as many weeks at a time as you like.

Enrollment for Summer 2015 is currently open and online sign-up is a breeze. Please call KECamps at 877-671-2267 or visit them on the web at www.kecamps.com to inquire or enroll today!

Like Us on Facebook & Follow Us on Twitter

Stay connected with
us on Social Media!



Dunes West Golf & River

Club: You'll find out all you need to know about golf specials, special dinner menus, member socials, special events and more! Information about pool events, tennis socials, fitness updates and more posted here.

KE Camps Dunes West:

This page is specifically for all of the parents who have registered their child in our summer camp program. This page is edited by our Camp Counselors and will keep you up to date with items that should be brought to camp, fun upcoming events and pictures of your children having fun at camp!

Sign up for British Soccer Camp

June 8-12

The Club at Dunes West
3293 Harpers Ferry Way
Mt. Pleasant, SC 29466



Did You Know?

We offer EZ Pay Billing for both your Athletic and Golf Dues! You simply need to provide us with a debit or credit card to draft from, and afterwards you can sit back, relax and never worry about another bill again!

Simply call Linda Jamison, Office Manager, and provide her with your debit or credit card number and updated email address. We will pull the funds for your monthly dues between the 1st and 5th of each month and send you an email showing how much was deducted.

How easy is that?! Give us a call today to set up your EZ Pay account!
843-856-9000

Over 120,000 players will register for a British Soccer Camp this Year. Register now and avoid being disappointed. Find out why Challenger is the most popular soccer camp in North America!

All camps feature:

- All British coaching staff
- Free camp t-shirt
- Free soccer ball
- Free soccer poster

For more information contact Neal Cavallon 843-881-8735 or visit www.challengersports.com to register your child today!

**We are also in need of host families to house the British coaches during the week of camp. Host families receive an \$80 rebate towards the cost of camp, so if you're interested, please email Neal at neal.cavallon@duneswestgolfclub.com

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See you at the club!



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Life Line Screening

Men's health is a family matter and this is why Dunes West Golf & River Club is hosting Life Line Screening, the nation's leading provider of preventive health screenings on Monday, June 8. The screenings provided focus on vascular disease, a leading cause of illness, death and disability among men.

Screenings are fast, painless and affordable. Three key tests check for blocked carotid arteries, an irregular heart rhythm called atrial fibrillation, and high blood pressure, which are the three leading risk factors for stroke. Nearly 800,000 strokes will occur this year, taking a life approximately every four minutes.

Other tests check for abdominal aortic aneurysms and hardening of the arteries in the legs. A bone density screening to assess osteoporosis risk is also offered and is appropriate for both men and women. Many events also offer blood tests, including cholesterol, glucose and c-reactive protein screenings, as well as take-home colon cancer early detection tests.

Screening packages start at \$139. Single tests cost around \$70.

For more information regarding the screenings or to schedule an appointment, call 1-888-653-6441. Pre-registration is required.

2015 Car Decals for Residents Outside the Gate or Non-Residents

Residents who live outside the gates of Dunes West and Non-Residents are required to have a club car decal on their vehicle when entering into the gates of Dunes West. This decal allows you to come to either club property only.

If you cannot make our office hours to pick up your decal, please email linda.jamison@duneswestgolfclub.com and state your name, address and number of vehicles in your household. We will be happy to mail them to you.

Decal Pick-Up Hours are:

Monday-Friday ■ 8:30 a.m.-3:30 p.m.
at the Golf Club Office Upstairs
You can also pick up the decals in the Dunes West Pro Shop during the weekends.

Want to join the MOMS Club?

We are a group designed just for you, mothers who might like some support from new friends! MOMS Club International is a worldwide organization that offers support to moms everywhere! We have part-time and full time working mothers who have flexible schedules in the group as well! We are a group of Dunes West and surrounding area moms that get together for play

dates, park and pool days, meetings and Moms Nights Out!

We will be at the Dunes West Pool on the following days in June:

Monday, June 1 ■ 10 a.m.
Wednesday, June 3 ■ 10 a.m.
Monday, June 8 ■ 10 a.m.
Thursday, June 11 ■ 10 a.m.
Monday, June 22 ■ 10 a.m.
Wednesday, June 24 ■ 10 a.m.

Please come join us! We have moms with newborns, school age children and everything in between! You can meet us at the pool or if you'd like more information you can email Michelle Martin at michellemartin812@gmail.com. We hope to meet you soon!

FITNESS

Summer Fitness Session

Join the Fun Now and Make 2015 Your Best Year Yet

June 15-September 12

Looking for a great way to get in shape and meet new people? Join our summer fitness classes! We have two great options available for you to choose from – unlimited classes for

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*Get fit in the
Dunes West Pool!*

Sign up today for our
Summer Fitness Session.
Space is limited – call or email
Neal at 843-881-8735 or
neal.cavallon@duneswestgolfclub.com
to register.

*Please drop off payments either in
the black box on the office door in
the lobby or in the mail slot of the
Athletic Club. Your fitness card will
be mailed to you within one week
of payment.

Session Fees:
May 18-July 19: \$80 per person
July 13-September 3: \$80 per person

Space is limited – Call or
email Neal at 843-881-8735 or
neal.cavallon@duneswestgolfclub.com
to register.

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just \$145 per person or drop-in
classes for just \$10.

Want to try before you buy?
Don't miss our classes for FREE
the week of June 15-19

Fitness Class Schedule:

Monday:

Yoga, 8 a.m.
Pilates, 9:15 a.m.

Tuesday:

Cardio Sculpt, 8:30 a.m.

Wednesday:

Pilates, 9 a.m.

Thursday:

Cardio Sculpt, 8:30 a.m.
PIYO, 6:30 p.m.

Friday:

Yoga, 8 a.m.

Saturday:

Saturday Surprise, 8:30 a.m.

Fee for Summer Fitness Session

Unlimited Classes: \$145 per person
You will receive 3 months of
unlimited classes, 6 days per week
Only \$1.50 per class. Please note, we
are no longer offering the night and
weekend class option.

Drop-In Fee: \$10

Great for those who just want to
come every now and then

Aqua Fitness

This high energy water fitness
workout combines cardio, toning
and stretching for an excellent work
out. Great for cross-training, the
water allows you to work out more
effectively with less impact to
the joints.

Our Aqua Fitness Classes began in
May and we want you to join in on
the fun! Check out the exciting
classes that we are offering:

Aqua Fitness – Adults

Monday & Wednesday ■ 4-5 p.m.
Hartford Village Pool

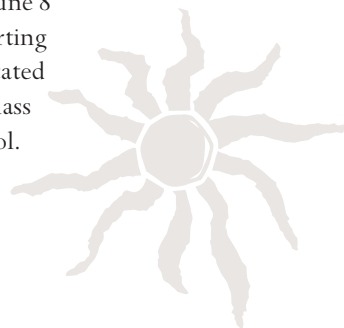
Tuesday & Thursday ■ 4-5 p.m.
Thomas Lynch Pool**

**Session 1 cannot hold class at
Thomas Lynch Hall Pool until June 8
due to Swim Team Practice. Starting
June 8, the schedule will be as stated
above. May 18 – June 4, each class
will be at Hartford Village Pool.

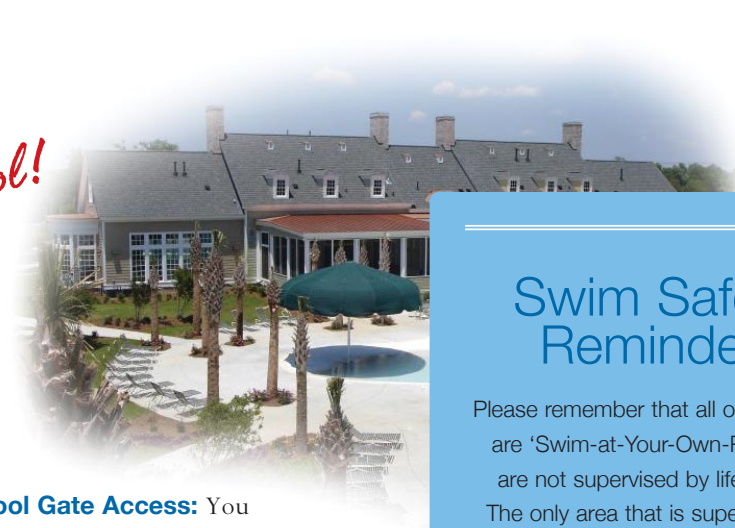
Aqua Assessment & Personal Training

Personal Aqua Fitness Trainer,
Lydia Linton Pontius is offering her
services to members of the The Club
at Dunes West. This is great for
anyone who is getting over an injury
or wanting to cross train. Water
Fitness Cross-Training is highly
recommended for marathon
runners, people training for
triathlons, golfers, tennis players
and anyone who loves the water and
wants to get in better shape or target
special needs. Lydia recommends
doing a series of five sessions. Your
first session will include a full assess-
ment in the water and then will be
combined with your goals to design
your own personal workout. For
more information, visit Lydia's
website at waterfitnessandswim.com
or call 843-971-8521 or 843-814-4575

Cost: \$50 per hour,
by appointment only



See you
at the pool!



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POOL NEWS

Dunes West Swordfish Practice

May 11-June 5 ■ 4:30-6:30 p.m.
Thomas Lynch Hall Pool

Starting June 8, once school is out of session, swim team practice will be held from 7:30-10 a.m. in the morning before the pool opens.

Thank you for your patience as we get our Swordfish ready to win the White League Trophy again this year!

Swim Season 2015-Important Information!

Athletic & Premier Members

Our pools opened on Monday, March 30. Our season ends this year on September 30.

The Lifeguards and Pool Attendants are being hired and managed by American Pool Management Company/Atkinson Pools. If you have any questions, comments or suggestions you may contact them at 843-568-5371 or Neal Cavallon at 881-8735 or neal.cavallon@duneswestgolfclub.com.

We are looking forward to a fun and safe pool season this year. Please note the slide rules and gate access information:



Pool Gate Access: You will use your Fitness Access Cards to gain entry into the Main Pool behind the Clubhouse, Hartford Village Adult Only Pool and the Thomas Lynch Hall Pool. If you do not have your card, you will not be able to enter into the Pool Gates. Please be prepared to give the Pool Attendant your swipe card so that they can check you into the pool. Guest Passes are electronic this year. You will not be provided any paper passes. Please discard any old paper passes as they cannot be used this year going forward.

As a reminder – only Members are allowed into the pool area – Guests **must** be with a Member at all times!

Pool Hours are from 10 a.m.-8 p.m. The Main Pool is open for lap swim from 6-10 a.m.

Swim Diapers: Please make sure that your child is wearing the proper swim attire if they are not potty trained. Swim Diapers are required.

Slide Rules/Hours: The slide at the main pool will be open on weekends only until school is out of session. After school is out for the summer, we hope to have the slide open daily.

- You must be at least 42" inches tall to ride the Slide; no exceptions.
- No child is allowed to use "floaties" or any other water toys or flotation devices on the Slide.
- No one is allowed to catch children at the bottom of the Slide.

Swim Safety Reminder!

Please remember that all of our pools are 'Swim-at-Your-Own-Risk' and are not supervised by lifeguards. The only area that is supervised by Lifeguards is the Waterslide and Slide Pool area. Parents, please be diligent in watching your little ones, especially those who cannot swim. If your child cannot swim well, please provide them with the proper flotation devices while in the pool areas. Thank you in advance for helping keep everyone safe while enjoying the pools!

We look forward to seeing all of you enjoying the pools in the coming months!

Guest Pass Procedure

Guest Passes work one of two ways:

- 1 You can bring your guests to the pool gate and upon arrival, the pool attendant will deduct one guest pass per guest from your account.
- 2 If you know in advance that you will have family or friends visiting for long periods of time, you can call us Monday – Friday at 843-881-8735 and leave a message with a) your first and last name, b) your guests first and last names (ALL of the guests), c) the period of time that they will be visiting (example 3/21 – 3/25).

We can use one guest pass per 5 family and/or friends for a one week period of time if you call ahead. Pool Attendants are not authorized to give

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Ladies
Member-Guest



Ladies Member-Guest Winners: Ingelise Caroe, Pam Keller, Bonnie Parsons, Lee Harper

GOLF NEWS

Couples Golf

Sunday, June 28
immediately following golf

\$38 per couple,
including tax & gratuity

Sign up for golf & dinner in
the Golf Shop 843-856-9000

Menu

Mixed Green Salad with
tomatoes, cucumbers, red onions,
shredded cheddar cheese.
Served with ranch and red wine
vinaigrette dressing

Burgers with tomatoes,
lettuce, red onions and
cheese tray

**Oven-Roasted
BBQ Chicken**

Baked Beans

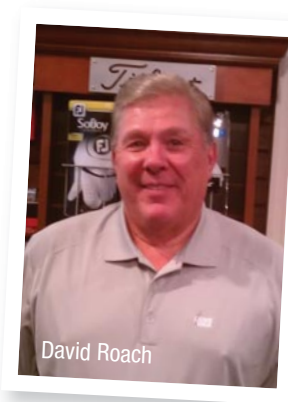
Potato Salad

Corn on the Cob brushed
with garlic parsley butter

Apple Pie with fresh
whipped cream

Welcome to the Dunes West Pro Shop Team – David Roach

David Roach, PGA Professional, formerly from Charleston, is delighted to return to our lovely area after career experience in Northern Virginia. David previously lived in Charleston with his family while working for the Navy and has many friends and family members here. David's experience includes golf shop and outdoor operations for semi-private and public golf courses, managing junior tournament tours at County and Regional levels, and teaching beginners, juniors, seniors, ladies, and groups of all types. David enjoys playing golf and going to the local beaches on his days off.



David Roach

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you guest passes this way; only office staff can authorize long-term passes.

Guest Passes received after 12 p.m. on any given day will not go into effect until the following day. Guest Passes received after 12 p.m. on Fridays will not go into effect until Monday morning.

- Family Members receive 20 guest passes per year.
- Single Members receive 10 guest passes per year.
- Guest passes are not transferable into the next year.

If you need additional passes, you can buy these at \$5 per day or \$15 per week (7 passes). We can bill these passes directly to your monthly statement.

If you bring a guest to the pool and you have run out of passes, the pool attendant will make a note on your account and you will be charged accordingly per pass if you have not purchased additional guest passes.

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NET NEWS

Dunes West Ladies Represent Charleston Area at State

Congratulations to the Dunes West Hot Flashes 40 and over 3.5 Ladies team. They were one of two teams that represented the Charleston area in Aiken at the State Championship.

They made it all the way to the semi-finals before losing a tough match 2-3. Way to go ladies!

The team members include: **Team Captain Maria McTighe, Co-Captain Kim Frankel, Lauren Wonderlic, Chris Ramsey, Beth Clark, Staci Houser, Renee Popovich, Angela Hawkins, Denise Lauer, Rhonda Inglett, Elizabeth Lierley, Cris Garrett, Anita Ladd, Teresa Hildebrand, Megan Armstrong, Lisette Glennon, Holly Mummert, and Corie Gustafson.**



Summer Tennis Camps

Monday-Friday Camps for Boys and Girls 10 & Under

June 15-19 ■ June 22-26 ■ July 6-10
■ July 13-17 ■ July 20-24 ■ July 27-31
■ August 3-7

Join the Dunes West Golf & River Club teaching professionals for a fun and active summer camp designed for boys and girls ages 10 & under. Designed by the USTA, the under 10 format focuses on teaching tennis sized right for their age and ability.

Boys and Girls Ages 8 & Under
Play with the red ball on the 36' court

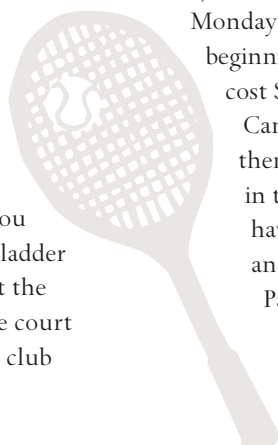
Boys and Girls Ages 9-10 play with the orange ball on the 60' court.

Junior Tennis Camps take place Monday-Friday from 9 a.m.-12 p.m. beginning the week of June 15 and cost \$145 per camper, per week.

Campers will play tennis and then have a chance to cool off in the pool daily – **plus** we'll have Water Gun Wednesday and our fabulous Friday Pizza Party, complete with prizes.

Clay Court Procedure Change

In an effort to keep our clay courts in great playing condition, players will now be required to drag groom and line the clays once they have finished playing, even after you are playing a league match or ladder match. This will smooth out the playing surface and prepare the court to be watered or for the next club member to use.



Court Reservations

If you haven't signed up to reserve courts please go to cadw.clubautomation.com and click on Access my Account. You will be asked for your name and email. Once the system finds you, it will send an email so that you can complete the registration process. If it does not find you please contact Jack Miller at 345-2995 so that he can set up an account for you.

Tuesday-Thursday Camps for Boys and Girls 10 & Older

June 16-18 ■ June 23-25 ■ July 7-9
■ July 14-16 ■ July 21-23 ■ July 28-30
■ August 4-6

Designed by our team of teaching pros for juniors who are ages 10 and up with intermediate or advanced skills. Juniors should have a good understanding of all of the basic strokes in tennis to participate. Campers will enjoy a fun and active atmosphere with drills that focus on improving their consistency, match play and mental aspects of their game.

Junior Tennis Camps for those 10 or older take place Tuesday-Thursday from 9 a.m.-12 p.m. beginning the week of June 15 and cost \$108 per camper.

You can sign up for Monday-Friday or Tuesday-Thursday Tennis Camps by going to cadw.clubautomation.com or contact Jack Miller at 843-345-2995.

June



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

**COURSE CLOSED
AERIFICATION**

Yoga, 8 a.m. & Pilates,
9:15 a.m.
Aqua Fitness Hartford
Village Pool, 4-5 p.m.
MOMS Club, 10 a.m.
Swordfish Practice
Thomas Lynch Pool,
4:30-6:30 p.m.

**COURSE CLOSED
AERIFICATION**

Cardio Sculpt,
8:30 a.m.
Swordfish Practice
Thomas Lynch Pool,
4:30-6:30 p.m.

**COURSE CLOSED
AERIFICATION**

Pilates, 9 a.m.
Aqua Fitness Hartford
Village Pool, 4-5 p.m.
MOMS Club, 10 a.m.
Swordfish Practice,
4:30-6:30 p.m.

**COURSE CLOSED
AERIFICATION**

Thursday Dinner,
5-8:30 p.m. RSVP
856-9378
Cardio Sculpt,
8:30 a.m.
PIYO, 6:30 p.m.
Swordfish Practice
Thomas Lynch Pool,
4:30-6:30 p.m.

**COURSE CLOSED
AERIFICATION**

First Friday with
Molly Durnin
RSVP 856-9378
Yoga, 8 a.m.
Swordfish Practice
Thoma Lynch Pool,
4:30-6:30 p.m.

6

MGA, 7:15-8
Saturday Surprise,
8:30 a.m.

8

SMGA, 8:27-9:30
LGA, 7:42-8
Life Line Screening
Yoga, 8 a.m.
Pilates, 9:15 a.m.
Aqua Fitness Hartford Village
Pool, 4-5 p.m.
MOMS Club, 10 a.m.
KECamps, 9-4 p.m.
British Soccer Camp

9

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:48
Hackers Golf, 3:30
Women Who Wine
Spring Dinner
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Thomas Lynch
Pool, 4-5 p.m.
Book Club, 7:30 p.m.
KECamps, 9-4 p.m.
British Soccer Camp

10

SMGA, 8:27-9:30
LGA 9 & Lunch,
9:39-9:57
Pilates, 9 a.m.
Aqua Fitness Hartford
Village Pool, 4-5 p.m.
KECamps, 9-4 p.m.
British Soccer Camp

11

MOMS Club, 10 a.m.
LGA, 7:42-8:45
SLIP, 9:03-9:21
GOB, 9:30-10:15
Thursday Dinner, 5-8:30 p.m.
RSVP 856-9378
Cardio Sculpt, 8:30 a.m.
PIYO, 6:30 p.m.
Aqua Fitness Thomas Lynch
Hall Pool, 4-5 p.m.
KECamps, 9-4 p.m.
British Soccer Camp

12

SMGA, 8:27-9:48
LGA, 8-8:18
Yoga, 8 a.m.
KECamps, 9-4 p.m.
British Soccer Camp

13

MGA, 7:15-8
Saturday Surprise,
8:30 a.m.
Luau Party,
11:30-1:30 p.m.

14

MGA,
7:15-7:42

15

SMGA, 8:27-9:30
LGA, 7:42-8
U.S. KIDS, 1:07-3:57
Yoga, 8:30 a.m.
Pilates, 9:15 a.m.
Aqua Fitness Hartford
Village Pool, 4-5 p.m.
KECamps, 9-4 p.m.

16

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt,
8:30 a.m.
Aqua Fitness Thomas
Lynch Pool, 4-5 p.m.
KECamps, 9-4 p.m.

17

SMGA, 8:27-9:30
LGA 9 & Lunch,
9:39-9:57
Pilates, 9 a.m.
Aqua Fitness Hartford
Village Pool, 4-5 p.m.
KECamps, 9-4 p.m.

18

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Thursday Dinner 5-8:30 p.m.
RSVP 856-9378
Cardio Sculpt, 8:30 a.m.
PIYO, 6:30 p.m.
Aqua Fitness Thomas Lynch
Pool, 4-5 p.m.
KECamps, 9-4 p.m.

19

SMGA, 8:27-9:30
LGA, 8-8:18
Sunset Dinner RSVP
856-9378 Bring Dad in
for a Pre-Father's Day
Dinner!
Yoga, 8 a.m.
KECamps, 9-4 p.m.

20

MGA, 7:15-8
Saturday Surprise,
8:30 a.m.

21

MGA,
7:15-7:42

22

SMGA, 8:27-9:30
LGA, 7:42-8
Yoga, 8 a.m.
Pilates, 9:15 a.m.
Aqua Fitness Hartford
Village Pool, 4-5 p.m.
MOMS Club, 10 a.m.
KECamps, 9-4 p.m.

23

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:48
Hackers Golf, 3:30
Cardio Sculpt,
8:30 a.m.
Aqua Fitness Thomas
Lynch Pool, 4-5 p.m.
KECamps, 9-4 p.m.

24

SMGA, 8:27-9:30
LGA 9 & Lunch,
9:39-9:57
Pilates, 9 a.m.
Aqua Fitness Hartford
Village Pool, 4-5 p.m.
MOMS Club, 10 a.m.
KECamps, 9-4 p.m.

25

LGA, 7:42-8:45
SLIP, 9:03-9:21
GOB, 9:30-10:57
Thursday Dinner 5-8:30 p.m.
RSVP 856-9378
Cardio Sculpt, 8:30
PIYO, 6:30 p.m.
Aqua Fitness Thomas Lynch
Pool, 4-5 p.m.
KECamps, 9-4 p.m.

26

SMGA, 8:27-9:30
LGA, 8-8:18
Yoga, 8 a.m.
KECamps, 9-4 p.m.

27

MGA Championship,
7:15
Sunset Family Dinner
RSVP 856-9378
Saturday Surprise,
8:30 a.m.

28

MGA Championship,
7:15
Couples Golf,
3:30 p.m.
Dinner to follow

29

SMGA, 8:27-9:30
LGA, 7:42-8
Yoga, 8 a.m.
Pilates, 9:15 a.m.
Aqua Fitness Hartford
Village Pool, 4-5 p.m.
KECamps, 9-4 p.m.

30

LGA, 7:42-8:09
SLIP, 9:03-9:21
GOB, 9:30-9:57
Hackers Golf, 3:30
Cardio Sculpt, 8:30 a.m.
Aqua Fitness Thomas Lynch
Pool, 4-5 p.m.
KECamps, 9-4 p.m.
Movie Night, 6-8 p.m.

*Tis the season
for golf!*

