Connect with your Clubhouse and Community
All the News from River Strand Golf & Country Club
**COMMUNITY MATTERS**

Shaun Fitzar, LCAM

**Access control:** Owners are requested to access the website www.myenvera.com and ensure that your contact information and guest list is up to date. This system is utilized by security to ensure that only authorized people come onto the property. If the information is not correct your guests may be denied access. We ask that owners who are using broad categories for allowable access such as “pool guy” or “cleaning lady” please input the actual name of the company or person accessing the property. It is up to you as owners to determine how secure your property environment is.

**Architectural review:** The next cut off for submission to the architectural review committee is September 13th and the meeting will be held on September 19th at 3PM in the Clubhouse conference room.

Owners who have provided the office with email addresses will be getting an email from riverstrand@ivotehoa.com – this will provide you with a link to register to vote on important items that require input of the association. Based on the response of the community we hope to utilize this system for future association matters requiring member voting. This will eliminate the need for members to respond by physical mail. Please follow the link and respond to the questions.

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**Visit** www.riverstrandgolf.com for up coming events, meeting notices and/or meeting minutes.

~ Up coming events can be found under the clubhouse tab.
~ Board of Directors meeting agendas and minutes can be found under the River Strand BOD tab.
~ All Committee meeting agendas and minutes can be found under the Committees tab

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**Chicks And Flicks**

Wednesday, September 6th at Noon
Meet at Geckos
4310 State Rd 64 E, Bradenton, FL 34208

New Faces & Friends are Always Welcome!
Meet & Mingle with your River Strand Neighbors & Friends
at Lunch and Select a Movie from Currently Playing Titles
or Simply Enjoy Lunch with the Ladies.

Car Pooling is Suggested!
If anyone is available to carpool please let me know when you
call or email to make your reservation.

Chicks And Flicks is held the first Wednesday of
every month, the lunch location changes every month.

RSVP to aduncam@theiconteam.com by
Monday, September, 4th.

The August Luncheon at Siu Mangrove Grille
**FRIDAY NIGHT ENTERTAINMENT**

Here is the Friday lineup for the month of September

6:00pm - 9:00pm

*September 1st* - Georgia and Mike
*September 8th* - Sarah Combs
*September 15th* - Skyway
*September 22nd* - Rita Wilson
*September 29th* - Sarah Combs

Having an in home party?

River Strand has a full catering menu you can order from for any occasion!

You can find the menu located on our website www.riverstrandgolf.com. Click on the Clubhouse tab, then choose Banquets.

We look forward to the honor of assisting you plan this very special gathering of your family and friends!
GOLF COMMENTS FROM OSCAR
Interim PGA Head Golf Professional, Oscar Parks

Even though there have been some changes around the club there are still a few constants at River Strand GCC. It is still very “HOT” here in West Bradenton. Rod, our resident cart barn meteorologist, is still keenly predicting the local weather far better than any of our local weather forecasters. Regular afternoon showers as well as our summer maintenance program have the golf course in great shape heading into the last round of aerifications this year.

Our summer junior golf programs came to an end in August, which is always bittersweet. Like most parents we are happy to see the summer come and it is twice as nice to send them back to school. I think prolonged exposure to the kids probably pushes Dave to the brink of never having kids of his own and I would hate to deprive him of one of life’s great pleasures. On behalf of the staff and our junior golfers, I would like to send out a big “Thank You” to all of those members who donated clubs and golf balls to the program, those who enrolled their children in camp and everyone whom may have had to play through or around the organized chaos that golf camp sometimes resembles. Your patience and understanding is greatly appreciated!

My hope is that everyone has enjoyed their summer and you are all looking forward to returning HOME to River Strand. The upcoming season is full of events and tournaments that can be enjoyed by golfers of all skill sets. By the time this article is published, a finalized 2017 / 2018 event guide will be sent out to the membership and posted on the River Strand website. So start making plans to participate in one the club’s golf leagues or one of the many fun events that we have planned over the next eight months.

As for me, I am enjoying my new role here at the club and would love to continue serving in this greater capcity here at River Strand Golf & Country Club.
SEPTEMBER GOLF EVENTS

Saturday, September 9, 2017
3 Blind Mice (90% Handicap)
Entry fee: $10
This is an individual Net game, after the round you will throw out your three worst scores; one Par 5, one Par 4 and one Par 3

Saturday, September 23, 2017
“Playoff Payoff” (90% Handicap)
Entry fee: $10 - 2 BB of 2
Your new score combined with a PGA Tour Championship contestants’ final round score, you must choose the player prior to your round or when you turn in your scorecard after your Saturday round.

Day Ranger cell phone number when the Pro Shop is closed. Report incidents out on the golf course. (941) 730-4436
Tennis Highlights
Nate Griffin, Head Tennis Professional

* Wimbledon Mixer for tennis event was well attended with 48 players on July 15th.

* All 9 tennis courts were scarified and coarse clay material was added to blend with har tru clay over the summer

* All 9 tennis courts are in the process of getting their "final lift" before season begins again in November. This includes new posts, lines, nets, and new clay.

* Our full time court maintenance staffer (Bill Bosold) continues to rehab and improved from a broken hip, and we send him our best wishes.

* Another successful summer camp has come to an end as we had 10 weeks of junior tennis camp which involved learning a lifelong game in tennis, and having some fun each day at lunch and the pool. We averaged around 8-12 youth per week and a great time was had by all.

* We saw our typical summer rain pattern and many social games, events, and leagues were cancelled and rescheduled as all tennis players kept their weather radar apps nearby!

* The tennis and pickleball committee has been hard at work looking to recommend improvements in the facilities to the pickleball center and the tennis center.

* We had a few leagues over the summer, and many teams are being formed and prepped for our upcoming USTA, Tri-Cities, Men's Suncoast, and Ladies Sunshine leagues.

Good luck to all of our teams!
How To Get “Unstuck” In Tennis

Nate Griffin, Head Tennis Professional

If you are a tennis player or you have a friend or family tennis friend, you will know that they do not have real names, instead they sometimes refer to themselves by a number.

Hi, I'm a 3.5. That's great, I'm a 3.0! I wish I was a 4.0. What am I? a 2.5?

I'm referring to, of course, our NTRP rating scale as 1.0 is a beginner and a 7.0 is a tour professional.

Most players dream of getting to that next level, but only few ever move up past 1 or 2 levels. The highest level a club player generally can get to is a 4.5, but if they were a star at a different sport growing up, some may get to a 5.0, especially if they are taking lots of instruction and working on their game.

The main reason players don't continue to move up the ladder is that they fail to truly commit to a lifelong improvement view of their game. They feel that this is about all they are going to be able to do, and they stop learning. This is fine as long as they are realistic with themselves and they have a good attitude towards winning and losing.

The problem arrives when that player gets frustrated about their results and about their losing and not being able to move to the next level. The truth is they would need to take a hard luck at their game from a totality perspective and be honest about the areas in their game that they need to address.

Most of the times this is a physical and athletic issue as tennis is primarily a movement sport. You also need great hand-eye coordination which is why several tennis players at the highest point of our game our also multi sport athletes.

It is also a very highly skilled sport which takes hours and years of specialized training with a professional, which can be very costly, and few have this option.

I would venture to say the main reason people don't get to that next level though, is a lack of understanding for how the game is played. There is a basic strategy and understanding that most players are missing. They don't understand which shot to hit when, and even if they know which stroke to hit when, do they "own" that shot.

If you can't make that shot 9 of 10 times in practice, than it is not owned!

The good news is most of this is possible, but it is going to take a lot of commitment and a willingness to revamp your game, and possibly even take some tennis lessons or clinics from the professionals.
Pickleball is a great up and coming sport. But like I tell my tennis players, you can't play if you are injured! All the instructional tips are great, but at the end of the day, the most important bit of advice I can give everybody is focus in on your overall health and injury prevention program so that you can enjoy this sport.

Warming up prior to playing is one of the best ways to minimize the risk of developing an injury. In general, warm up activities should involve the entire body, mimic the sport you are playing, and last for 5 to 10 minutes. A good warm up for pickleball might be a brisk walk, a light jog, riding a bike or playing at half speed. Once your heart rate, breathing, and body temperature have increased, take a few minutes to stretch your shoulders, neck, back, hips, knees, and ankles.

Looking at the big picture, I hope that all of you decide to "live an active lifestyle" and consult your physician for more recommendations as well as licensed and certified physical trainers.

PICKLE! PICKLE! PICKLE!

River Strand Golf & Country Club

Pickleball Play Open Play

All levels Group
Monday & Wednesday: 6:00-7:00pm

Intermediate-Advanced Group
Sunday through Saturday: 9:00-10:30am

Beginner Group
Sunday through Saturday: 10:30-11:30am

Sign up at www.makeclubreservations.com, facility code: river1, member type: annual

Beginner Pickleball Clinic, $10 per player
Mondays: 3:30-4:30pm

If you have any questions contact the Tennis Shop at 941-932-8080 or email: ngriffin@TheIconTeam.com

Pickleball Beginner Clinics

First Monday of the month
August 7th
3:30pm - 4:30pm
3 person minimum

Event Sign up at www.makeclubreservations.com
Facility code: river1

$10 cash per clinic
RIVER STRAND TENNIS PROGRAMS

Junior Clinics
Pee Wee Clinic (3-5 yrs. old) – Friday, 4:30-5:00pm, $10 per class
Stars Clinic (5-14 yrs. old) – Mon, Wed & Fri, 5:00-6:30pm, $20 per class

Adult Clinics
Abdul’s 90 minute drill and play – Tues. & Thurs. 8:30-10:00am, $20 per class
Tuesday’s with Abdul Clinic – Tuesday: 6:00-7:00pm. $15 per class
Thursday’s 3.5-4.0 Clinic – Thursday: 6:00-7:00pm. $15 per class
Gary’s Beginner’s 101 Clinic - Wednesday, 5:30-6:30pm. $15 per class
Gary’s Intermediate Clinic - Friday, 5:30-7:00pm, $15 per class
Shot of the week – Saturday, 8:00-8:30am (Free)
Scott’s 3.5-4.0 Clinic - Sunday, 10:00-11:30am, $20 per class

Adult Social Play
Morning Doubles: Mon., Wed., Fri., and Sat, 8:30-10:00am, cost: $2
Men’s Night: Tuesday, 7:00-9:00pm, cost: $2
Mixed Doubles Night: Thursday, 7:00-9:00pm, cost: $2
(sign up with partner)
Men’s 4.0/4.5 Day: Sunday, 8:30-10:00am, cost: $2

Tennis Staff/Lesson Fees
(Buy 5 Lessons, Get 1 Free)
Director of Tennis - Nate Griffin, USPTA
½ Hour Private: $40 or 1 Hour Private: $80
Head Tennis Professional – Abdul Idi, USPTA
½ Hour Private: $35 or 1 Hour Private: $70
Assistant Tennis Professional – Scott Pothul
½ Hour Private: $35 or 1 Hour Private: $70
Assistant Tennis Professional – Ben Zink, USPTA
½ Hour Private: $35 or 1 Hour Private: $70
Assistant Tennis Professional – Gary Coulter
1/2 Hour Private: $30 or 1 Hour Private: $60

Tennis Pro Shop Hours
Monday-Friday, 8:00am – 7:00pm
Saturday & Sunday, 8:00am – 3:00pm
Email: ngriffin@TheIconTeam.com
Pro Shop Phone: 941-932-8680

Court Hours
All days – 7am – 9:30pm

All Events Sign up at Salixreservations.com

Tennis Mixer
Saturday, September 2nd
9am to 12pm
$10 per person

Beginners Welcome!
Round Robin Mixer
Refreshments and Drinks Provided

Make reservations at salixreservations.com
Or email Nate at ngriffin@theicon.com

Morning Doubles:
Monday, Wednesday,
Friday & Saturday’s
8:30am - 10:00am
$2 per player

Leagues and Ladders:
Looking for a singles game?
Join our ladder!
941-932-8680
RENZE’S MAINTENANCE REPORT

Renze Berg, GCSA

In September, we will be on our third round of closures for all three nines. We will aerify greens, tees and fairways, as well as verticut them to help smooth out grain.

We have experienced a lot of difficult weather over the summer and the courses have seemed to handle it well, with little disease pressure.

The bridges will be stained and loose boards will be replaced during the month of September.

All course bathrooms have been painted and will be pressure washed during this month as well.

We will continue to repair washout areas in greenside traps throughout the next two months and start installing fresh trap sand in October, after the heavy rains are behind us.

Thank you for your patience this summer and enjoy some great golf!

STRAND POND REPORT

George Colbath, Biologist, Pond Professional, LLC

I would like to take this opportunity to go over some current events our community has experienced throughout the summer rainy months. As many homeowners may be aware, the heavy rains have been flushing in some weeds such as hydriilla, floating duckweed and water lettuce to select ponds over the last month. While this is a concern, we have been able to react rapidly enough with the aid of the Golf Course Superintendent, Renze Berg, as well as the Property Manager, Shaun Fitzer. Their regular site inspections enable Pond Professional to treat said problems without delay as they occur in between our maintenance events, preventing them from spreading to many ponds. I just want to let every one know that this, while unpleasant, is not something we can prevent or pre-treat for during this time of year. Fortunately it is not long lasting either. As all water flows through River Strand from SR64 towards the river, we can only react as it happens. The problems were all solved in a fairly rapid time frame over July as they occurred. The heavy in-flush of nutrients from all street runoff as well as the rapid change in pH, turbidity and salinity a heavy downpour can and did result in 2 “fish-kill” events on pond H2 and the driving range lake. Having taken some water samples, we have determined that the massive deluge of water volume stressed out the ecosystems on these particular ponds, causing fish not tolerant of the altered pH and salinity to die off. We must remember that, while unfortunate, some times this will occur over the years on select ponds and dramatic weather events. These are retention ponds and all street drains lead to them. We would ask that homeowners refrain from dumping anything in the drains so as to help us minimize said events in future. Another way we can be pro-active next year is in regards to the driving range lake. While we can not prevent all the fish from dying, we can mitigate it should we experience similar conditions in future. The majority of affected fish were a species of schooling bait fish called Shad, that unbeknownst to us established a healthy population within the driving range lake. They are very sensitive to dramatic water chemistry changes. By stocking some native Bass in the spring, they can assist in managing the Shad population so we don’t see such a massive die offs in future. Even though these are man made retention ponds, they develop into their very own separate ecosystems, each with their own strengths and weaknesses. While we work hard to always stay knowledgeable and on top of maintenance for each and every pond, they are fluid and always changing. We greatly appreciate all input regarding things that may occur or become noticeable between our monthly maintenance events. Please direct any further inquiry to myself and I will assist in any way I can.
COMMUNITY LANDSCAPE UPDATE
Llomell Llorca, President & CEO, TruScapes Industries, Inc.

Dear residents,
TruScapes Industries, Inc. wish you a very warm welcome to our third quarter news article. Summer is here along with high humidity levels, hot temperatures and lots of rain. Our team continues to push forward in keeping your community looking nice during this very busy and active growing season.

This quarter (July – September) residents will continue to notice the weekly mowing events taking place throughout the St. Augustine and Bahia turf areas around the neighborhood. The service techs will continue the frequent bed edging of your ornamental beds and suppressing the flower bed weeds via mechanical means and herbicide applications monthly.

By now, the flowering plants our team cut back during the second quarter of the year have come back with a vengeance, pushing allot of green growth and many flowers for everyone to enjoy the colorful display and pleasant fragrance they have to offer. As our trimming crews make their rounds throughout the community, we will be doing light pruning on some shrubs and a bit more aggressive on those fast growing plants that attempt to take over most of the landscape. This will help us keep most ornamental plants under control and in doing so there will be some loss of blooms. It will only be temporary and within two to three weeks the shrubs will be full of flowers again but not looking as wild which is what we are trying to achieve.

The irrigation technicians will be preforming the usual monthly inspections of the watering system and cleaning the VU flow filters where it applies. They will also make adjustments to the seasonal settings on the timer as we move deeper into the rainy season. For most, there will be a noticeable difference in the shorter irrigation run cycles and weeks of skipped irrigation cycles depending on the amount of precipitation experienced. We want to be mindful that too much water can be as bad as not enough water as this contributes to many aquatic lawn weeds and can lead to fungus down the road in the following months.

In preparation for the potential of aquatic lawn weeds and peak of the fungus activity, our pest control and fertilization department will be doing monthly inspections of the lawns and shrubs throughout the community. They will keep their eyes wide open looking for chewing insects, fungus, turf weeds etc. These spray techs are trained to identify areas of concern or activity and spot treat as needed.

For the residents that like to get their hands dirty working in their seasonal flower beds you may wish to look into planting Coleus (lots of color selection), Penta’s and Caladiums as these flowers can tolerate the wet and hot weather.

We wish everyone in the community a safe summer full of fun activities while our team handle the needs of your landscape.
## FOOD & BEVERAGE CALENDAR SEPTEMBER 2017

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Saturday & Monday - Lunch Menu: 11:00am - 5:00pm Bar Open 11:00am - 7:00pm  
Tuesday - Friday Lunch Menu: 11:00am - 4:30pm  
Wednesday - Friday Dinner Menu: 5:30pm - 8:00pm  
Bar Open 11:00am - 8:00pm  
Sunday Brunch: 10:00am - 3:00pm Bar Open 10:00 - 7:00pm  
Happy Hour Daily: 11:00am - 7:00pm  
Wine Tasting See page 13 for details
The Recreation & Social committee happily announces our first event!

Join us for a Wine Tasting
Saturday, September 16, 2017
4:00pm - 6:00pm
In the clubhouse dining room
$15 per person

Representatives from Republic National and Southern Wine and Spirits will pour tastings of 15 wines from a select list to our members.
Wines poured include Rieslings, Chardonnays, Sauvignon Blancs, Pinot Noirs, a blend and Cabernets, accompanied by an assortment of crackers, cheese and nuts.
100-person, non-refundable reservations are available up to a maximum of two (2) people per member number.
Reservations begin Tuesday, September 5, 2017 at 9:00am
Contact Angela Ehrman, Lifestyle Director
941-943-4646 ext. 200 in person to make your reservation.
The Galle Room will remain open for casual dining with a limited Bar Menu until 8:00pm.

September Specials
September 6th - Salisbury Steak with Mushroom Gravy & Mashed Potatoes
September 13th - Chicken & Sausage Gumbo
September 20th - Goulash with Egg Noodles
September 27th - Chicken Pot Pie

BLUE PLATE SPECIAL
Wednesday Nights 12.95++

Tuesday Night Events
5:00pm – 7:00pm

September 5th - Rib Night
September 12th - Burger Night
September 19th - Taco Tuesday
September 26th - Trivia Night

The Strand
Soap Making Class
with the Folk School at Florida Maritime Museum

This hands-on class is a great intro to the world of soap making. Roll up your sleeves and begin making cute, artistic and novelty soaps with your own creative touch. You will learn how to make at least 3 different soaps to take home or give away as gifts. Unleash your creativity by customizing your soaps with color, fragrance and other additives such as herbs.

DATE: Thursday, September 14, 2017
TIME: 1:00pm - 3:00pm
WHERE: Sanctuary Clubhouse
COST: $35 per person
Call 941-708-3837 or email aduncan@thelconteam.com to make your reservation today!

Girls Night Out

Sunday, September 17th
7:00pm to 8:30pm
Community Center
6835 Willowshire Way

Please bring six quarters for a variety of games. This month we will be doing LCR games!

Bring something to drink and your game of LCR Wild if you have one.

New to River Strand or been around awhile and looking for a chance to meet other women in the neighborhood? Leave your men at home and come check us out!

A River Strand Resident Event!

Tuesday, September 26th
Dinner Buffet Begins at 5:30pm
Trivia Game Begins at 6:30pm

Buffet Dinner & Trivia - $25 per person inclusive
Teams of 8 are the maximum number recommended. If you do not have a team, you can be paired with one. Individuals are always welcome to attend fun event.

Call (941) 708-3837 to Make Your Reservations

BUFFET MENU
Pasta Primavera and Chicken Picatta served with a Mixed Greens Salad and Assorted Dressings

No Regular Dinner Menu,
Reservations Required
Rise and Shine!
join us for
Sunday Brunch
Every Sunday! 10:00am - 3:00pm
Bar Menu Available 3:00pm - 5:00pm
RESERVATIONS REQUESTED
941-708-3837

events in the bay area

A Taste of Downtown - Saturday, September 9th
This established Sarasota tradition will bring you to Sarasota Opera House, where your favorite downtown restaurants will be showcasing their tasty dishes paired with fine wines, assorted beers and specialty cocktails. Proceeds from this event benefit the Sarasota Youth Opera, who will perform during the event. Come mix & mingle, sample tasty bites, and have a drink with us to celebrate the end of summer in Sarasota!

Location: 61 N. Pineapple Ave., Sarasota

Clearwater Super Boat Races - Sept. 29 - Oct. 1
Not only one of the top boat races in the state of Florida, the multi-day Clearwater Super Boat, held in September, also features parades, and a bespoke village with food vendors and live entertainment.

Location: Clearwater Beach
Visit http://www.clearwatersuperboat.com/schedule for a complete schedule of events!
# Fitness & Social Calendar September

*Denotes Clubs/Classes Meeting at the Community Center

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<th>Sunday</th>
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<td>Bridge 9:30am</td>
<td>Mah Jongg 6:00pm*</td>
<td>Bible Study 10am*</td>
<td>Butts &amp; Abs 10:30am</td>
<td>Bridge 9:30am</td>
<td>Golf Yoga 11:15am</td>
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<td>Zumba 9:30am</td>
<td>Mah Jongg 6:00pm*</td>
<td>Bible Study 10am*</td>
<td>Golf Yoga 11:30am</td>
<td>Zumba-Aqua 10:15am</td>
<td>Texas Hold-Em 5:20pm*</td>
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<td>Men's Asian Cards 3pm*</td>
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<td>Mah Jongg 6:00pm*</td>
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<td>Social Game Night 6:00pm*</td>
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<td>8</td>
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<td>9</td>
<td>Golf Yoga 11:15am</td>
<td>Mah Jongg 9:00am*</td>
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<td>Social Game Night 6:00pm*</td>
<td>Fiber Arts Club 2pm*</td>
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<td>10</td>
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<td>Bible Study 10am*</td>
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The Strand

FITNESS & SOCIAL ACTIVITIES
SEPTEMBER 2017

FITNESS
AQUA FIT: Mondays & Wednesdays—Resuming September 18th at 9:15am. $7 per class or $65 for 10 classes. 10:30am on Thursday at the Clubhouse Fitness Room. Classes are $5 or $7 for 1st time.

FIT 4 LIFE: Mondays & Wednesdays—Resuming September 18th at 8am. $7 per class or $65 for 10 classes. 10:00am on Wednesday, August 20th in the Community Center fitness room. Learn the Basics of Exercise.

FITNESS BALL CLASS: Classes will resume in October.

GOLF YOGA (ALL Attendees must register in advance at sagejohnson@comcast.net)

BEGINNER & INTERMEDIATE TAI-CHI: 9:00am on Thursday at the Pavilion in Central Park. Classes are $5. For those who want to develop or hone their Tai Chi skills.

YOGA: Classes will resume in October.

YOGA FUSION: 9:00am on Tuesdays. Incorporates: strength, balance, flexibility and stretch with Denise Paska. Classes are $5. NO CLASS September 5th.

YOGA STREACHING: 9:00am on Thursday in the Clubhouse Fitness Room with Denise Paska. Classes are $5. No class September 7th.

ZUMBA: 10:30am on Monday in the Clubhouse Fitness Room. Classes are $5 or $7 for 1st time.

ZUMBA-AQUA: 10:15am on Tuesday & Friday at the Clubhouse Pool. Classes are $5 or $7 for 1st time.

ZUMBA TONING/STEP MIX: 10:30am on Tuesday & Friday at the Clubhouse Pool. Classes are $5 or $7 for 1st time.

SOCIAL

BIBLE STUDY: 10:00am on Tuesday at the Community Center. “Journey Thru the Bible” w/ Dr. J. Michael Ramage.

BOOK CLUB: Will resume Monday, November 27th

BOOK CLUB WITH PAULETTE: 6:30pm in the Community Center the first Tuesday of every month.

BOOK CLUB WITH LINDA: 10:00am the first Tuesday of the month in the Clubhouse Conference Room. New members welcome! Any questions contact Linda at 410-935-7083

BRIDGE: 9:30am on Monday & Friday. Group will play at the Clubhouse.

BUNCO: 10:00am on the first Thursday of the month in the Clubhouse Card Room. Beginning in November the group will meet the first and third Thursday of each month.

CHICKS AND FLICKS: First Wednesday of every month. This month Wednesday, August 2nd

FIBER ARTS CLUB: Meet at Blue Mangrove Grille at Noon . followed by a movie of your choice. See page 2 for more information.

HAND & FOOT CARD GAME: 6:00pm on Friday at the Community Center. A fun easy to learn card game that can be played with 2 or more players. Questions, call or text Deb Thompson at 352-586-4569

LADIES MAH JONGG: 9:00am till Noon on Wednesday. Group will play at Community Center. This is a fun, friendly group for intermediate to experienced players. Contact Lynne Monnell (941) 201-4253

MAH JONGG: 6:00pm till 8:00pm on Monday, Group meets at the Community Center. No Registration Needed.

MAY I? GAME: 1:30pm on Wednesday at the Community Center. CANCELLED TILL NOVEMBER

MEN’S ASIAN CARDS GROUP: 3:00pm on Tuesdays at the Community Center.

MIXED BRIDGE: 6:30pm on Wednesday at the Community Center.

SOCIAL GAME NIGHT: 6:00pm on Tuesdays at the Community Center. Except the first Tuesday of the month. (Card games and/or board games)

TEXAS HOLD’EM: 5:20pm-8:00pm on Thursdays. Group will play at the Community Center.

VETERANS NETWORK: 6:30pm on the first Thursday of the month in the Clubhouse Conference Room.
River Strand Ladies Bridge
Bridge meets at 9:30am to Noon on Monday and Friday and ends around noon. To play contact Kathy Merucci at 248-361-6409 /or Vivienne Sivak at 941-251-7494 or viviennesivak@msn.com.

Bunco
Newcomers are welcome! This is a simple, game that anyone can play and is very easy to learn. The Bunco group meets the first Thursday of the month at 10:00am in the Clubhouse, August, September & October. Beginning in Nov they will begin playing the 1st and 3rd Thursdays. To play contact Judi Aharon at 336-407-7625. Sign up recommended.

Texas Hold-Em Poker
Texas Hold-Em is held Thursday from 5:20pm to 8:00pm in the Community Center Space is limited. $10 Buy-In. Winners will receive a gift certificate to River Strand, which can be used throughout the clubhouse. Visit the Golf Pro Shop to sign up each week. Sign up recommended.

River Strand Ladies Mah jongg
Ladies Mah jongg meets Wednesday at 9:00am in the Community Center. Group plays until about noon, followed by lunch (optional). This is a fun, friendly group for intermediate to experienced players. Lynne Monnell: 941-201-4253 or gmonnell@tampabay.rr.com.

River Strand Mixed Bridge (Men and Women)
Experienced players. Singles are welcome as the group will rotate partners. Wednesday evenings from 6:00pm-8:00pm. Contact Larry Sivak at lesivak@msn.com / 941-251-7494.

May I?
May I players meet at 1:30 on Wednesdays at the Community Center. If anyone is interested in joining just come by and play. There is no need to register in advance. If you have a question, please email me at walsh.elaine@outlook.com

Hand & Foot Card Game:
Hand and Foot is an easy-to-learn card game based on Canasta. Play as an individual or as a member of a two-person team. Open, complete, and close "books" of cards to accumulate the most points. Personal Instruction and written "cheat sheets" get you started quickly. Come join our friendly group on Friday nights at 6 PM at the Sanctuary Community Center

Fitness Class Descriptions
Interested in one of our fitness classes? Check below for a full description of a class you may want to take. Keep checking for other class descriptions added in the future.

Yoga Stretch:
A class with active stretching that targets all major muscles and connective tissue, making muscles a little longer and stronger. This class is for all ages and fitness levels.

Yoga Fusion:
This class blends yoga poses, balance, strength (optional weights), pilates, flexibility and stretching. A new way to refresh your usual workout and for all levels and ages.

Fitness 101:
This class is offered once a month at the Sanctuary gym. Every other month at 10am and the other months at 6pm. A basic introduction to all the new equipment, cardio machines and free weights.

Zumba®:
A fusion of Latin, American and International music / dance themes that create a dynamic, exciting, and based on the principle that a workout should be "FUN AND EASY TO DO." The routines feature aerobic/fitness interval training with a combination of fast and slow rhythms that tone and sculpt the body.

Aqua Zumba:
Perfect for those looking to make a splash by adding a low-impact, high-energy aquatic exercise to their fitness routine using Latin, American and International music.

Zumba Step and Toning:
We combine the awesome toning and strengthening power of Step aerobics, with the fun fitness-party that only Zumba® brings to the dance-floor. The challenge of adding resistance by using Zumba® Toning Sticks (or light weights), helps you focus on specific muscle groups, so you(and your muscles) stay engaged!

Zumba Core:
A high intensity interval training class using more traditional fitness moves for a more athletic, conditioning-style workout.

Yoga:
Bodily postures combined with proper breathing to achieve flexibility, strength and relaxation. Appropriate for all levels of practice. Bring a yoga mat and water bottle.

Balance Ball Yoga:
Bodily postures supported by a balance ball combined with proper breathing to achieve flexibility, strength and relaxation. Bring a yoga mat, appropriate size balance ball & water bottle. Class size is limited, register by contacting Kathy Rome by email kromekreations@gmail.com or 609-980-7914.
# Committee Chair Information

<table>
<thead>
<tr>
<th>Committee Name</th>
<th>Chair &amp; Email</th>
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</thead>
</table>
| Finance Committee:                      | Alan Sukoneck  
a.sukoneck@comcast.net  
BOD Liaison - Scott Hancock  
shancock@riverstrandbod.com            |
| Compliance Committee:                   | Lance Dunne  
lndunnersccc@gmail.com  
BOD Liaison - Anita Tierney  
atierney@riverstrandbod.com            |
| Property Management Committee:          | Paul Martin  
pmartin135@tampabay.rr.com  
BOD Liaison - Eddie Hicks  
ehicks@riverstrandbod.com               |
| IT Committee:                           | Jim Moline  
jmoline@yahoo.com  
BOD Liaison - Anita Tierney  
atierney@riverstrandbod.com            |
| Safety, Security & Emergency            | Ray Phaneuf  
decoyray@gmail.com  
BOD Liaison - Bob Walsh  
bwalsh@riverstrandbod.com              |
| Preparedness Committee:                 | Patti Reid  
recreationandsocial@gmail.com  
BOD Liaison - Mike Fisher  
mfisher@riverstrandbod.com             |
| Recreation & Social Committee:          | Patricia Braeger  
pat.braeger@gmail.com  
BOD Liaison - Charles Glasser  
cglasser@riverstrandbod.com            |
| Golf Activities Committee:              | Samara Paice  
spaice13@gmail.com  
BOD Liaison - Charles Glasser  
cglasser@riverstrandbod.com            |
| Golf Greens Committee:                  | Phil Lahm  
philclahm@gmail.com  
BOD Liaison - Mike Fisher  
mfisher@riverstrandbod.com             |
| Food and Beverage Committee:            | Jack Wilson  
jack@jackmwilson.net  
BOD Liaison - Eddie Hicks  
ehicks@riverstrandbod.com               |
| Tennis Committee:                       | Pauline Tasler  
sfitzer@theiconteam.com                                                             |
Welcome to our newest members!

Stop by the Conference Room at the Clubhouse for our New Member Orientation. These informative sessions take place at 2pm on the first Friday of every month. This month it will take place on September 1st.

<table>
<thead>
<tr>
<th>Mark &amp; Sherrie Dennison</th>
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<tr>
<td>John &amp; Valerie Sjovall</td>
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<td>Ellen Hunt</td>
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<td>Jan &amp; David Shullick</td>
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<td>Shari Constantine &amp; Mark Godlewski</td>
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<td>Mark &amp; Paula Scott</td>
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<td>Steven Diemand</td>
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<td>Nicole &amp; Ryan Hebl</td>
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<td>Joseph &amp; Denise Ercole</td>
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<td>Thomas &amp; Noel Morton</td>
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Important Reminders

- The Administration Office will be closed Monday, September 4th to observe Labor Day. Regular business hours will resume Tuesday, September 5th.
- Member ID Requirement Changes: We are now requiring all members to present their member ID cards at all points of sale. Stop by the administration office to have your ID card encoded with your member number if you haven't done so all ready.
- Children under the age of 14 who ride the bus and access the community through the pedestrian gates will need to come by the administration office as well to receive a "children's ID card". The pedestrian gates will be locked and they will need this card to enter the community.
- Dinner Service is now available Tuesday thru Friday. Reservations are required for the dining room. Seating on the half hour from 5:30pm to 8:00pm. There is no dinner service on Saturday, Sunday or Monday evenings.
- Join us every Sunday for our Sunday Brunch! 10am - 3pm
- Seating in the Grille Room is on a first come, first serve basis.
- See page 13 for our new Tuesday Night Theme Events! Trivia, Burger Night, Taco Night etc!
River Strand Event Photos

The eclipse from River Strand
Monday, August 21, 2017 2:58pm
Photo Credit: Craig Springer

The Bunco group out to lunch after a fun game of Bunco last month at the Shake Station in Ellenton!

Junior Golf Summer Camp!

Tennis Summer Camp: Nate our Tennis Pro and some of the kids getting back from the pool on the last day of summer camp!
RIVER STRAND GOLF AND COUNTRY CLUB

7155 Grand Estuary Trail
Bradenton, FL  34212
941-708-3837 Phone  
941-708-3785 Fax
www.riverstrandgolf.com

Lennar Customer Care
866-226-4057

Icon Management Services
941-747-7261 Phone  
941-526-3283 After Hours

Clubhouse General Office
Mon-Fri, 9:00am-5:00pm
Phone: 941-708-3837

Golf Shop
Every Day, 6:00am-6:00pm
Phone: 941-708-3617
Late Day Ranger: 941-730-4436

Tennis Shop
Monday-Friday, 8:00 am-7:00 pm
Saturday & Sunday, 8:00 am-3:00 pm

Grille Room
941-932-8667
Check calendar for seasonal hours of operation.

Swimming Pools
Open from dawn until dusk.

Gate Attendant
Phone: 941-746-2167 (gatehouse)
E-Mail: gatehouse@riverstrandgolf.com
Envera (Gate Company): 941-556-0732 (24-hours)
Nightly Security Patrol: 941-549-9637

Community Association Managers
Shaun Fitz, LCAM, Single Family Homes/River Strand
Phone: 941-932-8663
E-Mail: SFitz@TheIconTeam.com
Lee Weiss, Condominiums/Heritage Harbour
Phone: 941-747-7261
E-Mail: Lweiss@TheIconTeam.com
Kasey Dick, LCAM, Condominiums
Phone: 941-747-7261
Email: KDick@TheIconTeam.com

General Manager
Pat Cattanach, PGA, LCAM
Phone: 941-708-3837
E-Mail: PCattanach@TheIconTeam.com

River Strand Master Association Board President
Terry Lyons
Phone: 941-896-7525
Email: tirsbod@aol.com

Golf Course Superintendent
Renze Berg
Phone: 941-920-2274
E-Mail: RBBerg@TheIconTeam.com

Interim Head Golf Professional
Oscar Parks, PGA
Phone: 941-708-3617
E-Mail: OParks@TheIconTeam.com

Director of Tennis
Nate Griffin, USPTA
Phone: 941-932-8680
E-Mail: NGriffin@TheIconTeam.com

Executive Chef
Radames Febles
Phone: 941-932-8665
E-Mail: RFebles@TheIconTeam.com

Food & Beverage Manager
Wendy Wallis
Phone: 941-932-8664
E-Mail: WWallis@TheIconTeam.com

Lifestyle Director
Angela Duncan
Phone: 941-932-8671
E-Mail: ADuncan@TheIconTeam.com

Administrative Office
Deanna Broten
Laurel Johnson
Phone: 941-708-3837
E-Mails: rsreception@TheIconTeam.com & admin@riverstrandgolf.com

Concession Supervisor
Laura Kommick
Phone: 941-708-3837, ext. 110