

ACADEMY GOALS

Training players for success in tennis creates a framework for success in school, work, and throughout life.

Positive energy brings positive results.

Detailed development of technique provides the necessary backbone for any player to reach his or her full potential.

FOR MORE DETAILS,
CONTACT JOHN KRATZKE:
FUZZYLITTLEBALL@VERIZON.NET
571-246-1926



DIRECTOR: **JOHN KRATZKE**

John has directed programs for both junior and adult players for more than 20 years. His background in biomechanics & sports physiology is vital to maximizing efficiency and preventing injury for our players.

HIDDEN CREEK PROS: **JODY REDINGTON AND SAM SHRODER**

All of our pros have a passion for tennis that excites young tennis players and makes them want to learn the game! We love to see players develop sound fundamentals that will stay with them for life, but most of all, tennis is fun!

HIDDEN CREEK COUNTRY CLUB

Phone: 703-437-5222
Cell: 571-246-1926
E-mail: fuzzylittleball@verizon.net

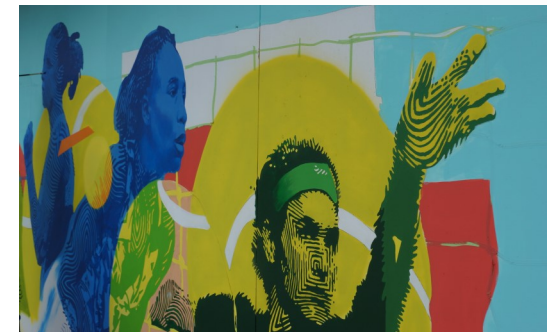
SPRING 2023 JR TENNIS

HIDDEN CREEK TENNIS ACADEMY

Directed by:
John Kratzke

**Hidden Creek
Country Club**
1711 Clubhouse Rd
Reston, VA 20190
703-437-5222

MARCH 4-JUNE 10
(OFF 4/1-4/9 for break)





BEGINNER/ INTERMEDIATE JR. TENNIS PROGRAMS

Join us for a great developmental program emphasizing technique and fun. HCCC tennis pros have a passion for coaching that is sure to have your kids falling in love with tennis! Court 1 will be for red ball players 5-8 years old. Court 2 will be for orange ball players 7-10.

RED & ORANGE BALL CLASSES

MONDAY 6:00-7:00PM

FRIDAY 6:00-7:00PM

\$426 MEMBER 1 DAY/WK
(\$739 for both days)
\$569 GUEST 1 DAY/WK
(\$999 for both days)

INTERMEDIATE JUNIOR TENNIS PROGRAMS

Classes emphasize technique and tactics to create a solid foundation for continued success! We focus on serve, groundstrokes, and volleys in a variety of drills and games.

GREEN BALL CLASSES

MONDAY 4:30-6:00PM

FRIDAY 4:30-6:00PM

OFF 4/1-4/9 for spring break

YELLOW BALL CLASSES

WEDNESDAY 5-6:30PM

SATURDAY 11-12:30PM



\$626 MEMBER 1 DAY/WK
(\$999 for both days)
\$769 GUEST 1 DAY/WK
(\$1259 for both days)

MASTERS JUNIOR TENNIS PROGRAMS

John Kratzke and Jody Redington direct the Masters program to develop tennis players striving for success in high school and tournament play. John and Jody have both developed players to compete at all levels from high school to college to professional. Players improve technique, movement, decision-making, and point production as we consistently reinforce goals through a variety of drills and match play situations. Tryouts are required prior to admission. .

TUESDAY 4:30-6:30PM

THURSDAY 4:30-6:30PM

OFF 4/1-4/9 for spring break

**Classes will use outdoor courts
whenever playable (above 40).
Classes will be limited to 2
courts when indoors.**

Spring Rates:

Classes will be billed based on attendance. Drop in rate of \$57 per class for members and \$70 per class for nonmembers.