

## ACADEMY GOALS

We train players for success in Tennis and to develop a framework for success throughout life.

Positive energy brings positive results.

Detailed development of technique provides the necessary backbone for any player to reach his or her full potential.



### DIRECTOR: **JOHN KRATZKE**

John's background in biomechanics and sports physiology is vital to maximizing efficiency & preventing injury. He has directed programs for players of all ages for 25 years. John continues to compete nationally in men's tournaments & brings that experience to his students.

### DIRECTOR: **SAM SHRODER**

Sam has a passion for tennis that excites tennis players and makes them enjoy learning the game! He loves to see players develop sound fundamentals that allow them to enjoy tennis socially or competitively; but most of all, have fun.

### PRO: **JODY REDINGTON**

Jody competed internationally as a junior player and played division I college tennis at Indiana University before going pro. She was ranked in the top 400 in the world. Jody's experience is a great addition to HC!

### PRO: **BRANDON HALL**

Brandon loves working with all ages and levels. His focus on footwork, fitness, and technique help all of our players improve!

## SPRING 2022 JUNIOR TENNIS

### HIDDEN CREEK TENNIS ACADEMY

Directed by:  
**John Kratzke and  
Sam Shroder**

**Hidden Creek  
Country Club**  
1711 Clubhouse Rd  
Reston, VA 20190  
703-437-5222

**MARCH 8—JUNE 9**





## BEGINNER PLUS JUNIOR TENNIS PROGRAMS

Join us for a great developmental program emphasizing technique and fun. HCCC tennis pros have a passion for coaching that is sure to have your kids falling in love with tennis! Red and orange balls

**MARCH 22 - JUNE 9**

**TUESDAY 6:00-7:00PM**  
**THURSDAY 6:00-7:00PM**

\$349 MEMBER 1 DAY/WK  
 (\$599 for both days)  
 \$449 GUEST 1 DAY/WK  
 (\$799 for both days)

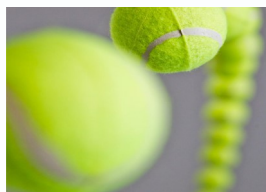
## INTERMEDIATE JUNIOR TENNIS PROGRAMS

Technique and tactics create a solid foundation for continued success! Experienced HCCC tennis pros focus on serve, groundstrokes, and volleys in a variety of drills and games. Green dot and yellow balls for ages 8-16.

**MARCH 12 – JUNE 8**

**MONDAY 4:30-6:00PM**  
**SATURDAY 11-12:30PM**

\$499 MEMBER 1 DAY/WK  
 (\$850 for both days)  
 \$599 GUEST 1 DAY/WK  
 (\$999 for both days)



FOR MORE DETAILS:  
 FUZZYLITTLEBALL@VERIZON.NET  
 571-246-1926

## MASTERS JUNIOR TENNIS PROGRAMS

John Kratzke directs the Masters program to develop tennis players striving for success in high school and tournament play. Players improve technique, movement, decision-making, and point production as pros reinforce goals through a variety of drills and match play situations. Tryouts are required prior to admission.

**MARCH 8 - JUNE 9**  
**Tu, W, Th 4:00-6:00pm**  
**SAT 12:30-2:30pm**

## ADVANCED PROGRAM SPRING PRICING

Spring classes will be charged on a drop in basis. The per class cost is discounted after every 10 classes that a family participates in.

	Member	NonMember
1st 10	\$62	\$70
2nd 10	\$57	\$65
3rd 10	\$52	\$60
31 +	\$47	\$55