ACADEMY GOALS

We train players for success in Tennis and to develop a framework for success throughout life.

Positive energy brings positive results.

Detailed development of technique provides the necessary backbone for any player to reach his or her full potential.



DIRECTOR: JOHN KRATZKE

John has directed programs for both junior and adult players for more than 20 years. His background in biomechanics & sports physiology is vital to maximizing efficiency and preventing injury for our players.

DIRECTOR: CRAIG ANDERSON

Craig has worked with highly ranked junior tennis players throughout the mid-Atlantic region. His focus on technique development, tennis-specific fitness, optimum movement, and serve mechanics help our players achieve success at all levels of play.

HIDDEN CREEK COUNTRY CLUB

1711 CLUBHOUSE RD RESTON, VA 20190

Phone: 703-437-5222 Cell: 571-246-1926 E-mail: fuzzylittleball@verizon.net

SPRING 2021 JUNIOR TENNIS

HIDDEN CREEK TENNIS ACADEMY

Directed by: John Kratzke & Craig Anderson

Hidden Creek Country Club 1711 Clubhouse Rd Reston, VA 20190 703-437-5222

MARCH 8—JUNE 12





INTERMEDIATE JUNIOR TENNIS PROGRAMS

Join us for a great developmental program emphasizing technique and tactics to create a solid foundation for continued success! Experienced HCCC tennis pros have a passion for coaching that is sure to have your kids falling in love with tennis! Green dot and yellow balls will be used.

APRIL 7—JUNE 12

WEDNESDAY 6:30-8:00PM SATURDAY 11:00-12:30PM COST: \$450 FOR 1 DAY/WK \$895 FOR 2 DAYS/WK

MASTERS JUNIOR TENNIS PROGRAMS

MARCH 8 - JUNE 11

John Kratzke and Craig Anderson direct the Masters program to develop tennis players striving for success in tournament play. Our constantly work to players improve technique, movement, decision-making, and point production as experienced pros reinforce consistently goals through a variety of drills and match play situations. Tryouts are required prior to admission. Contact John or Craig for more information.



FOR MORE DETAILS: FUZZYLITTLEBALL@VERIZON.NET 571-246-1926

MASTERS PROGRAM HOURS & PRICING

Classes will include a combination of on court drills, match play, and fitness as well as off court fitness. Schedules are modified for inclement weather. Indoor space is limited, so half of the group will drill from 4:00-5:30pm and half of the group will drill from 5:30-7:00pm on indoor days. Email communication will indicate groups when this is necessary.

MONDAY THRU FRIDAY

4:00-6:30PM

]	Member	NonMem
1/wk	\$883	\$ 995
2/wk	\$1617	\$1825
3/wk	\$2232	\$2520
4/wk	\$2784	\$3136
5/wk	\$3240	\$3640
(Monthly payments available)		