



## *Summer Swim Facts, Figures and Rules of Enjoyment*

### Facts and Figures

- 🏊\* National Golf Club is a private club and is for the enjoyment of our members and their paid guests only!
- 🏊\* Pool is open Memorial Day weekend through Labor Day.
- 🏊\* Pool is open 11am-8pm, 7 days a week.
- 🏊\* Certified lifeguard is on duty during operating hours.
- 🏊\* Main pool is “Kids Free” the last 10 minutes of every hour.
- 🏊\* All members and guests are required to sign in daily.
- 🏊\* Guests entering the facility are required to pay the facility admission fee, including swimmers, non-swimmers and spectators.
- 🏊\* Guest fees are \$10 for adults and \$6 for children under 12 and can be paid to the lifeguard, in the golf shop, or put on your member account if you have charging privileges. Summer Swim members do not have charging privileges.
- 🏊\* Coolers of any kind are strictly prohibited.
- 🏊\* All food and beverage items must be purchased from National Golf Club, no exceptions.
- 🏊\* Food orders can be called into the Grill Room at (301) 292-1100, extension 109. Orders will be ready, approximately 15 minutes after you order.
- 🏊\* For poolside parties, please contact our Director of Catering Sales at (301) 292-1100, extension 103.

### Rules of Enjoyment

- 🏊\* Pool attire is strictly prohibited anywhere inside the clubhouse. Cover-ups are mandatory!
- 🏊\* Glass items, chewing gum and/or smoking are prohibited in the facility.
- 🏊\* Pool users are responsible for bringing their own towels.
- 🏊\* Children under 7 years old or less than 4 feet tall must be accompanied by a parent or responsible person, in a swim suit, at all times including in the water, on the deck and in the restroom.
- 🏊\* While in the water, the parent or responsible person must remain within arm’s reach of the child
- 🏊\* Rules & requests made by lifesaving personnel must be followed.
- 🏊\* Walk, do not run in and around the pool facility
- 🏊\* Children who are not toilet-trained and less than four years old will be allowed in the pool only if they wear a swimsuit diaper or plastic pants and a swim suit. Cloth or disposable diapers are not accepted.
- 🏊\* Acceptable swim attire must be worn by patrons on the deck and in the water. Patrons with religious concerns regarding modesty may wear clean, covering garments that do not interfere with their safety in the water.

## Rules of Enjoyment (continued)

- 🚫 Cover-ups must be worn when entering and exiting the pool area.
- 🚫 Animals are not allowed in the building or pool area, with the exception of guide dogs. Guide dogs are allowed on deck, but not in the water.
- 🚫 Persons who appear to be under the influence of alcohol or narcotics will be denied admission.
- 🚫 Use of all toys, flotation devices, water wings, snorkels and masks flotation devices must be approved by the pool manager or lifeguard on duty.
- 🚫 The use of sunscreen is encouraged, and patrons must shower before re-entering the water.
- 🚫 All patrons must shower with soap before entering the pool. Persons with open cuts, sores, bandages, colds, coughs or infected eyes are not permitted in the pool.
- 🚫 All children and adults who appear to have ample swim skills must pass a swim test before entering deep water. Weak or non-swimmers must remain in shallow water no deeper than chest level.
- 🚫 No one should engage the lifeguard in unnecessary conversation.
- 🚫 Diving in water less than nine feet deep, back dives, somersaults, and "cannon balls" from side of the pool or any other unsafe activities are not permitted.
- 🚫 Lying on the deck close to the edge of the pool where swimmers may trip over sunbathers is dangerous. Sunbathers must lie or sit at least three (3) feet away from the edge of the pool.
- 🚫 Smoking is not allowed on the pool deck.
- 🚫 Spitting, spouting or nose-blowing in the pool is strictly prohibited.
- 🚫 Dangerous practices are prohibited. Patrons must not run on decks; climb, sit or jump from fences; dive in shallow water (less than 9 feet deep); swim in the diving areas; or dunk, push, pull or unnecessarily splash swimmers.
- 🚫 Emergency procedures must be observed. Swimmers must leave the pool area immediately upon the signal or request of the Pool Manager.
- 🚫 In the case of inclement weather:
  - ★ If thunder is heard, the pool will be closed for 15 minutes after the occurrence.
  - ★ If lightning is seen, the pool will be closed for 30 minutes after the last occurrence.
  - ★ The lifeguard will determine the closing and opening of the pool for any inclement weather occurrences.
- 🚫 Foul or abusive language will not be tolerated.
- 🚫 A patron will be verbally warned for the first offense; the patron will be asked to leave the pool facility if a second offense occurs.
- 🚫 Music permitted if used with an ear phone attachment only.
- 🚫 Clubhouse and Fitness only members must upgrade their membership in order to use the pool or your account will be charged guest fees!

**Thank you in advance for your cooperation. Have a great summer!**  
**If you have any questions, please contact the Clubhouse at (301) 292-1100.**